



# Village Trumpet



Embrace the possibilities

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June 2017



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The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



**FREE**

Join us for a

# FIESTA!

**The Village of East Harbor**

**RESIDENTS, STAFF & FAMILY MEMBERS**

**SATURDAY, JUNE 10**

**12 - 4 PM**

**FREE FOOD**

- ENTERTAINMENT
- PETTING ZOO
- BOUNCE HOUSE
- PIE EATING CONTEST

**FREE**

## FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:

The fashion show was a sold out event again this year. It was inspiring to see generations of family members participating and modeling together in the show creating lasting memories. Betsy, Ann Marie, and Kelly did an outstanding job putting the event together. Thank you to everyone who pitched in to help. It was a resounding success



Our inside renovations will be starting soon. We will do our best to inconvenience residents as little as possible. Our growing pains and renovations will result in a community you will all be proud to call home. Watch for upcoming updates on Facebook, our newsletter, and our website. We will also be hosting a construction kick off party which will include a murder mystery dinner event.

You are all invited to our Village Fiesta Friends, Family, and staff picnic party. This is an opportunity to enjoy Picnic fare, musical entertainment, petting farm, and more. Invite your friends and family as everyone is welcome. The fire department will be here with their big rig too.

The Picnic is also part of our yearly evacuation practice. All residents are taken out of the building as part of our state requirement to practice in case of an emergency. We incorporate the evacuation with a fun event so residents can then be entertained and enjoy a special day.

Speaking of special, each and everyone of you are special and have touched our hearts in more ways than you know.

Carolyn Martin



### Kyle's House Project

A small committee including Village residents would like your help providing a home cooked meal to the residents of Kyle's House.

Kyle's House is a ¾ house sober living home started by one of the founding members of **FAN** (Families Against Narcotics). This home provides a safe place for men who seek **recovery** in a 12 step program.

You can help by donating money for the food, help plan a menu, help prepare the meal or help deliver the food. The meal will be dropped off at the house on Sunday, June 18 (Father's Day) between 3:00 and 5:00 PM.

**Please contact Joan Lehoczky 248-568-7629 if you can help.**

# MARKETING

Peggy was happy to present a \$250.00 referral bonus to our housekeeper, Rene Duty, a few weeks ago. We like to show our appreciation to all residents and staff who say nice things about The Village Of East Harbor and encourage their friends and family to move here. If you know of someone who might be interested in joining The Village of East Harbor family, please make sure they mention your name when meeting with Nancy or Peggy in Sales & Leasing.



There are many fun events scheduled for June at The Village of East Harbor that you can invite your friends and family to, including our annual Family Picnic on June 10<sup>th</sup> and the Bay Rama Parade on June 25<sup>th</sup>!!



The Village of East Harbor Skilled Nursing and Rehab Health Care Center is happy to announce that we now are a preferred provider and can accept HAP insurance. Please note this for future reference if you carry HAP insurance.

## WHERE IN THE WORLD HAS OUR VEH JACKET BEEN?



Loretta Cortis was wearing our jacket when she visited The Grand Hotel on Mackinac Island.

## Maintenance Corner :



For the safety of you and others,

Please stay away from all construction



**KEEP OUT!**  
Construction sites are dangerous

# Anchor Bay Rotary Charities Fun Run

**5K  
FISHFLY  
RUN**



Timing Included

**Saturday, June 24th, 2017  
Downtown New Baltimore**

On-site registration opens at 7:15 am

Run starts at 8:30 am ~ Registration fee after 6/1/17 is \$25

Awards for overall winners male and female

Visit [www.anchorbayrotary.com](http://www.anchorbayrotary.com) for more information



Run proceeds used to support ShelterBox USA plus local literacy and college scholarship grants. See [www.shelterboxusa.org](http://www.shelterboxusa.org) [www.anchorbayrotary.com](http://www.anchorbayrotary.com)

This event is sponsored by The Village Of East Harbor.

**Village Victory Project**

**Thursday, June 1**

**1:30pm**

**Friday, June 9**

**2:30pm**

**Activity Room**



**We Want  
YOU!**

**Join the Residents, Staff and Family of the Village of East Harbor for the Bayarama Parade in New Baltimore.**

**Sunday, June 25**

**1:00am**

**New Baltimore**

**LIFE IS SWEETER AT THE VILLAGE OF EAST HARBOR!**



**If you would like to participate in the parade, we will be meeting in the main lobby at 9:00am.**

**Please call Betsy-586-716-7143, for more information.**

# Fitness Center NEWS



**Join us in practicing for the Village Victory Cup games each weekday in the Fitness Center or Activity Room!**  
**The VVC will be held Friday, June 23rd**  
**At 9:30am meet in the lobby.**

**Balloon Volleyball—Mondays @ 3:00 and Wednesdays @ 2:15**  
**Open Practice—Tuesdays @ 3:00, Thursdays & Fridays @ 1:30**  
**Please check the daily schedule for location**

## **VILLAGE VICTORY CUP PEP RALLY**

**Everyone  
Is  
Welcome!**

**THURSDAY, JUNE 22  
1:30 PM—ACTIVITY ROOM**

### **Optimizing Brain Fitness**



Discover the secrets to increasing and expanding your brain's power to meet everyday challenges and enhance the quality of your life with **Optimizing Brain Fitness**, an engaging 12-lecture course that shows you how to take advantage of the basic principles of brain operation and build the brain you want to live with for the rest of your life. Delivered by Dr. Richard Restak, an award-winning teacher, practicing neurologist, and professor at The George Washington University School of Medicine and Health Sciences, these lectures are packed with vital information and research-based exercises you can perform every day to tap into your hidden mental potential.

**The series will be held Saturdays , 3:15pm, in the Activity Room.**

**Please note: No program June 10**

# POSTAGE - - OVERDUE!

By: Chuck Kisandi

Dear Dad:

I love You!

*"Oh God! Why has that always been so hard to say"?*

I Love You!

*In every conceivable way!*

*Why couldn't it have been like a fairytale,  
with our love growing in every way?  
No way was that about to happen  
never seeking a helping hand*

*I love you dad, with all my heart.  
If I could i'd lay my heart right in your hand.  
So if sometimes what I say cuts deep  
I hope you'll understand!*

*I think we're too much alike dear father.  
You may not admit to these facts of course.  
But if all our problems were laid side by side  
that would have been our Trojan Horse.*

*Dad I could never say "I love you"!  
I kept it hidden deep inside.  
Like you I suffered the great malady  
of having too much pride.*

*It's election time in America.  
On poverty the candidates debate.  
There's not a poor candidate among them  
so they truly can't relate.*

*I've seen what being poor can do.  
Dad I've seen it in your eyes.  
I would have seen it sooner but,  
a grown man never cries.*

*You were a very proud man dad.  
Never a prouder one in this land.  
You tried doing it all on your own  
never seeking a helping hand.*

*Dad you and I always did fight.  
Our tempers were always on the rise.  
Yet there were memories I'll always cherish,  
perhaps more than you realize.*

*The hours we spent along the river -  
lying lazily under a tree.  
Not a care in the whole wide world.  
We were fishermen - you and me!*

*I remember the first fish I ever caught.  
I'll remember it throughout time.  
Most of all I'll remember it because of you  
for I caught it on your line.*

*It was only a moment in one's lifetime;  
But it was long enough to grant a wish.  
It is truly a memory to be cherished  
the catching of my very first fish.*

*Do you remember when we went big game hunting?  
I do! I recall it in every way.  
A deafening silence prevailed throughout the jungle  
as we stealthily stalked our prey.*

*I know you don't recall it quite that way.  
The truth has been stretched a mite it seems;  
But remember we're talking about my childhood,  
so please allow for my boyhood dreams.*

*Bagging our limit was never a problem.  
That was of secondary importance you see.  
The greatest significance of those moments  
was that you were spending them with me.*



# WELCOME HOME NEW RESIDENTS

We welcome these new residents to our  
Village of East Harbor Family:

George Manning—Q-1

Judith Cesarek—423

Margaret Miller—119

Angelika Dandridge—A-106

## Alzheimer's Support Group

Hosted by Pauline Zeig  
3rd Tuesday of every month

2:00pm

Chapel

If you need a

Podiatry Appointment...

Please call—Dr. Krietman

586-772-3500



## JUST A REMINDER...Committee Meetings are open to ALL Residents!

### Building & Grounds

Meets the 1st Tuesday of every month at 2:30pm in Kirk Hall.

### Communication Committee

Meets the 1st Wednesday of every month at 3:00pm in the Conference Room.

### Culinary Committee

Meets the 1st Wednesday of every month at 1:30pm in the Dining Room.



## Men's & Women's Lunch

Dakota Inn / Rathskeller

German Restaurant



Wednesday, June 28

Lobby

\$\$\$ on your own

## Wine Tasting



Friday, June 30

Lobby

\$\$\$ on your own

# JUNE EXCURSIONS.....

**Friday, June 2**

*Van Thomme's Nursery*

8:15am

Lobby

**Tuesday, June 6**

*Naomi Yamaguchi at*

*The GP War Memorial*

5:45pm

Lobby

**Thursday, June 8**

*Tigers Game*

*Tigers-vs-Angels*

10:00am

Lobby

**Monday, June 12**

*Soaring Eagle Day Trip with Show*

*"Ultimate Doo-Wop"*

7:30am

Lobby

**\$35.00**

**Monday, June 12**

*Women's Mall Trip & Lunch*

9:00am

Lobby

**Tuesday, June 20**

*Anchor Bay Chamber of Commerce*

*Tastefest*

4:30pm

Lobby

**\$25.00**

**Money Due—June 12**

**Wednesday, June 24**

*Bayarama Run/Walk*

*New Baltimore*

7:45am

Lobby

**Sunday, June 25**

*Bayarama Parade*

9:00am

Lobby

**Wednesday, June 28**

*Men's / Women's Lunch*

*Dakota Inn-German Restaurant*

11:30am

Lobby

**\$\$\$ on your own**

**Friday, June 30**

*Westview Winery-Wine Tasting*

9:00am

Lobby

**\$\$\$ on your own**

***Coming in July...***

*Mystery Tour*

*Friday July 14*

**\$\$\$ On you r own-Lunch**

***Coming in August...***

*Cranbrook-Tutankhamun Exhibit*

*Monday, August 1*

9:00am

**\$17.50**

**Money Due—July 1**

*Selfridge Air Show*

*Saturday, August 19*

7:30 am

Lobby

*Huron Lady Dinner Cruise*

*River Crab Restaurant*

*Tuesday, August 29*

**\$55.00**

**Money Due—July 10**

### Monarchs Need Our Help!

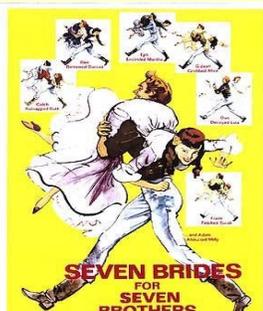


## PROMOTE MONARCH CONSERVATION BY CREATING A MONARCH WAYSTATION!

Students from The Green Team at Great Oaks Elementary School will present information on butterflies and help start our Monarch Waystation.

Gardening tools will be supplied, please bring gloves if you need them.

Tuesday, May 30  
10:30am- Activity Room



### MOVIE MUSICAL NIGHT

Come and watch a rousing movie with great songs and fabulous dancing set in the 1830's American Northwest. Starring Jane Powell and Howard Keel.

**EVERYONE INVITED**

Sponsored by HARBORLIGHTS

**Sunday, June 4th at 6:30, Activity Room**



**Craft with Anita**  
**Monday, June 5**  
**10:00am**  
**Dining Room**



### BINGO WITH MACONCE STUDENTS

If you were involved in the Listen & Love Program, please join the students for Bingo and a pizza party.

**Wednesday, June 7, 10:00am, Activity Room**

**CALLING ALL MEN,  
YOU ARE INVITED TO A  
FATHER'S DAY  
BREAKFAST  
MONDAY, JUNE 19TH  
9:00AM  
ACTIVITY ROOM**



### Book Group



The VEH Book Group is now reading 'Some Luck' by Jane Smiley. This is an old fashioned tale of rural family life in changing times.

If you would like to join the group, our next meeting is  
**Wednesday, June 21, 3:30pm**  
**Activity Room**



### Seniors Staying Sharp

Join Marcia Relyea in this fun interactive event on the aging brain. Learn to use all the latest tricks and strategies to maintain and improve the most important organ in the body, your brain.

**Tuesday, June 27 & Thursday, June 29**  
**1:30pm Activity Room**

# Pewabic Tile Pick-up & Lunch at Johnny Noodle King



# Madhatter's Fashion Show



## Eyes Ears & Feet Workshop

Tuesday, May 23  
1:00pm  
Activity Room

Attend this one day informational meeting to learn more about these services:

- How to get a caption phone-FREE
- Library service for visually impaired
- Diabetic Shoes
- Aroma therapy
- Reflexology

 Reflexology  
 Macomb Library for the Blind  
 Healthy Steps  
 Closed Caption Phone

### Break out Sessions

- 1:30- Reflexology with Roberta
- 2:00- Closed Caption Phone with Jennifer
- 2:30- Healthy Steps with Julie
- 3:00- Macomb Library for the Blind
- 3:30- Blue Lotus with Bernie



**Cards  
with  
JoAnn**



# Directory

<b>Accounting</b>	
<i>Tracy Tesch</i>	716-7408
<b>Activity Lead A/L &amp; I/L</b>	
<i>Betsy Miannecki</i>	716-7143
<b>Admissions Specialist T.C.U</b>	
<i>Sue McCallum</i>	716-7427
<b>Assisted Living Nurse</b>	
<i>Denise Klimaszewski</i>	716-7115
<b>Beauty Salon</b>	
<i>Appointments</i>	716-7180
<b>Care Sync Case Manager</b>	
<i>Josie Villegas</i>	716-7092
<b>Chaplain</b>	
	716-7438
<b>Dining Services Mgr.</b>	
<i>Brian Williams</i>	716-7419
<b>Director of Nursing</b>	
<i>Melissa Freiburger</i>	716-7416
<b>Driver</b>	
<i>Ann Marie Hart</i>	716-7142
<b>Fitness Specialist</b>	
<i>Chris Gorde/Lisa Sonnenberg</i>	716-7164
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Haven Hall Nurse</b>	
<i>Lynette Sanday</i>	716-7384
<b>Housekeeping / Laundry Mgr.</b>	
<i>Mary Breen</i>	716-7418
<b>Maintenance Work Orders.</b>	
<i>Front Desk</i>	725-6030
<b>Maintenance</b>	
<i>Emergencies After 11:00pm</i>	248-996-2470
<b>HCC Activity/Volunteer Mgr.</b>	
<i>Sheri Stover</i>	716-7021
<b>Physical Therapy Mgr.</b>	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
<b>Resident Care Mgr.</b>	
<i>Toni Greig</i>	716-7426
<b>Sales &amp; Leasing Mgr.</b>	
<i>Carolyn Martin</i>	716-7221
<b>Sales &amp; Leasing Specialist</b>	
<i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183

## Birthdays of the Month

6/04 Beverly Pack

6/12 Betty Williams

6/ 17 Norma Matthews

6/ 22 Loraine Luckee

6/23 Maureen Furtak

6/25 Mildred Yetter

6/26 Elizabeth Baillie

6/30 Margaret Desmet

**Great Lakes Legal will provide  
legal service by appoint. only.**



**Please call  
Anita Wenzel, Lead Attorney**

**(313) 937-8282**