



# Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

JUNE 2016



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The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



## THE VILLAGE OF EAST HARBOR PRESENTS

SADDLE UP AND MOSEY ON OVER TO THE

FREE

# ULTIMATE HOEDOWN

FREE

## RESIDENTS, STAFF & FAMILY MEMBERS

SATURDAY, JUNE 11

12-4PM

CAPMAN LAWN

FOOD

PIE EATING CONTEST

GAMES

PONY RIDES

ENTERTAINMENT

FACE PAINTING

BOUNCE HOUSE

PETTING ZOO

DON'T FORGET YOUR COWBOY HAT & BOOTS  
SEE Y'ALL THERE!

From the desk of the Executive Director:

The Assisted Living/Nursing project and renovations are still coming along. We are submitting our certificate of need to the State of Michigan June 1<sup>st</sup>; this will allow us to do the renovations and new construction of the nursing center. We are meeting with Chesterfield Township in June to review the site plans and get their input to make sure we are taking the necessary steps for our projects. We hope to be able to start some of the cosmetic things like flooring, window treatments, furniture, paint, etc. in September with the new construction happening before the snow fly's. I will try to attend the June Resident Association meeting with some preliminary drawings to show the residents.



A couple of news stories from our home office, Presbyterian Villages of Michigan (PVM) has partnered with an organization called Lake Shore Senior Living who will be building a new independent and assisted living community located in St. Clair Shores. PVM will provide the management services for this new facility that plans to open in the fall of 2017.

PVM also announced just this week that they have partnered with an organization out of Flint called McFarlan Charitable Organization. PVM will provide management services to all of their senior housing sites. In 1926 The McFarlan Home was established to provide housing for single, older women in an area adjacent to downtown Flint and near the Cultural Center. In 1976, The McFarlan Home moved from its original home, which is now a museum facility known as the Whaley Historical House, to next door on Kearsley Street. The McFarlan Home is a well-maintained 29-unit assisted living facility for women (State licensed home for the aged).

In 2011 The McFarlan Home acquired two nearby apartment buildings known as Court Street Village (CSV) East (150 units) and Court Street Village (CSV) West (106 units). These buildings are occupied by moderate to low income seniors, who are able to live independently.

In 2013 The McFarlan Home transferred all properties and investments to various subsidiary organizations. The McFarlan Home was renamed the McFarlan Charitable Corporation (McFarlan), a Michigan nonprofit corporation, to better reflect the work it does. All the residential facilities are supported by McFarlan, which provides amenities and services to the residents.

Please feel free to call me anytime with questions or concerns.

Respectfully Submitted: David Miller



Now that the weather is finally getting warmer, those of you with porches are finally able to enjoy that extra space. We would like to remind those residents who have enclosed (screened-in)

porches that you must not lock the exterior screen door to the porch. You likely do not have a key to that door anyway, as we do not provide keys to porch doors for emergency reasons. Our maintenance department will be able to enter your apartment in case of emergency, but they do not have keys to your screen porch doors. If that screen door is locked and we need to break in, the resident will be charged for repairs or replacement.

Independent residents have many options for additional services, including a wonderful podiatrist, Dr Kreitman. Independent residents who want to take advantage of Dr. Kreitman's services without going out to his office can call his office directly to make an appointment at 586 772-3500. If residents in Assisted Living apartments, including Haven Hall, would like to make an appointment to have Dr. Kreitman visit them, please call the AL nurses' office at 716-7115.

Another valuable service, available through CareSync Solutions, is individual family counseling. CareSync services include but are not limited to private duty home health and personal care, equipment coordination and access to community resources. Call Josie Villegas at 716-7092 for more information on these services.



## It's a Parade!

Bay-Rama Fishfly Festival 2016

Sunday, June 26th

1:00pm parade starts



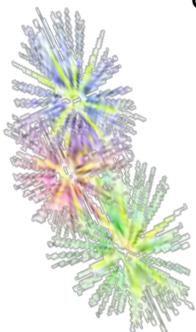
The Village of East Harbor will be participating in the FUN!

If you wish to walk with us in the parade or just watch, please dress up as your favorite Cowboy or Cowgirl.

Please sign up with Chaplain Mindy  
(586)716-7438

Deadline to sign up is Sunday, June 19th.

It will be a "Yee Haw" of a time!

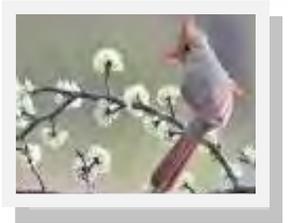


*From the Desk of Chaplain Mindy ...*

**Welcome to the month of June!**

2016 is our year to be studying, The Fruit of the Spirit,  
so this month we are turning our attention to

**PEACE!**



It seems like the more a society advances, the less peace there seems to be. There's noise everywhere. Everyone is stressed and worried, we are all trying to accomplish as much as possible in our 24 hour day.

Gone are the days of just sitting under a tree and thinking about life. There's Twitter feeds to read, Facebook statuses to update, videos to take and upload on Youtube, drama to indulge in, gossip to listen to and spread, advertising bombarding us everywhere. Life is busy, sometimes frantic and there are many things that will steal our peace.

When I think of peace many pictures come to mind; a nice green meadow with a soft breeze flowing through it, a calm still waterway with moonbeams resting upon it, or how about two people in love sitting on a porch sipping sweet lemonade and holding hands!

But, then I read about a painting that won first prize for the best depiction of peace. It was a painting of a huge, roaring and raging waterfall. A tree limb hung above the tumultuous waterfall. On the limb sat a tiny little bird, calm as can be whistling his song. In spite of the deafening storm of water cascading down, the little bird sat peacefully singing above the roaring falls.

This is the kind of peace we should all be searching for, peace that surpasses our physical circumstances, an inner peace that we can have and hold on to no matter what is happening around us. So come join me this month in the chapel and let's take a look at peace together!

Wednesday, June 8th

**Michigan Chamber Chorale**

Summer Concert in the Chapel!



# Village Victory Cup NEWS



Please sign up in the Fitness Center no later than

**Tuesday, May 31st by 4:00pm !!!**

Teams will be announced the first week in June!

Come and be a part of all the **FUN** and competition!

We Need a **CHEER** team, so please sign up to come and cheer us on!

**GO PIRATES!!!!**

## June V.V.C Practice Schedule

2:00-3:00 in the Fitness Center

**Mondays– Bean Bag Toss**

**Wednesdays– Balloon Volleyball**

**Fridays– Hoop shoot Practice**

\*Please continue to practice the other events (puzzler, paper airplane etc.. on your own or any of the above events during regular fitness center hours

## MINUTES OF THE RESIDENTS' ASSOCIATION MEETING OF MAY 10, 2016

The meeting was called to order by President Pete Batts at 1:34PM.

Residents who were present at our meeting for the first time were introduced. We greeted Bob & Ardy Jones, and Doris Perkins.

Pledges to the American flag and the Christian flag were led by Bob Healy.

Marlene Batts presented an inspirational message for us.

Minutes of the previous meeting were approved as published in the *Village Trumpet*.

Gladys Stolzenfeld gave the Treasurer's Report as follows: (A) General Fund: Expenditures of \$1,000 to the Friends & Family Campaign, and \$139.99 for the purchase of a file cabinet in which to keep Residents' Association records. Receipts of \$176.50 from the bake sale, and \$23.75 from the book sale both held on April 28<sup>th</sup>. The balance in this fund as of May 10<sup>th</sup> is \$3,249.00 (B) The Petty Cash Fund saw no activity and the balance remains at \$93.00 (C) The Sugar Bowl received contributions totaling \$14.00 with an ending balance of \$157.64

David Miller was unable to attend the meeting, but he sent the following letter which was read by Neil Veneri:

From the desk of the Executive Director:

As you all know the month of April was our annual Friends and Family campaign. I want to thank each and everyone who donated to this campaign during the month and I am pleased to announce that we raised over \$41,000. The final official count is still forth coming and yes we did not meet our goal of \$50,000 toward or Health and Wellness Center but we raised more than any other Village within Presbyterian Villages of Michigan! As we have been reporting, part of the Villages due diligence is to review our vendor partner

contracts every few years. The dining services contract with Unidine is up so at the beginning of April we put the contract out to bid. We had three service providers put together a proposal, Unidine being one of the three. These proposals were received last week and they will be reviewed and decided upon sometime before the end of May. Our goal is to never give up on 90% satisfaction or better with all of our vendor partners. Fresh cooked fresh baked is our expectation and no matter who we select as our dining services provider, we will work with them to ever improve these products and services for all those we serve.

The Assisted Living/Nursing project and renovations is still plugging along. The Architects, Civil Engineers, and the pre-construction Contractor are on board now and we are working through the flow of these projects. They will be working with us through the summer to get both local and State approvals for starting this first phase of our projects. We are looking to start renovations sometime this fall and the new nursing wing sometime before the snow lies. At this stage of the process Kirk Hall and Barnett Hall will stay assisted living. These two buildings, along with the administration building, dining room, and activities room, will all get updated with new carpet, flooring, furniture, paint, lighting, roofs, heating and cooling, etc. with the first phase of this project. At the same time we are adding a brand new wing to the east end of the nursing center along with a therapy center, providing more private room options for those we serve. The second phase will include an 80-unit apartment building, 24 additional cottage homes, and a wellness center (which we have been fund raising for over the last couple years). We hope to be able to start that phase sometime in the spring of 2017 .

Respectfully Submitted:

David Miller

**Carolyn Martin** was available to take any questions from the floor regarding the above letter. It was asked when renovation of the duplexes would take place. The answer was that this is not part of the first phase, but will occur sometime later on. A question was asked as to what will happen to people who live in north Kirk Hall when that area is converted into nursing care. Carolyn replied that there has been a change in plans, and all of Kirk Hall will remain as assisted living. It was asked if something is going to be done to prevent flooding of the hallways in the main building when we have heavy rains. The answer is "yes."

**Nolan** described the Birthday Luncheon menu. He informed us that there will be a brunch on either the last Friday of May or the first Friday of June. Watch for an announcement in *The Village Weekly* and/or *The Village Trumpet*. Nolan responded to a question by saying that renovation and enlargement of the kitchen area will be coming in a future phase.

**Betsy** explained that the reason the Detroit newspapers were not available on a recent day was that we are in the process of arranging for someone new to bring those papers to the Village and no one had been obtained for that day. *Downton Abbey* fans are encouraged to attend the presentation about the show on Monday, May 23<sup>rd</sup>. *Miracle Ear* will be at the Village on May 31<sup>st</sup>. On June 11<sup>th</sup> East Harbor is having a "Hoedown" to which friends and family are invited. This will be a great outdoor event. Betsy is making plans for several road trips to places and events in Detroit so that everyone can see the revival that is happening there.

**Chris** announced that there are times each day for practice in the events that will take place at the *Village Victory Cup* on June 24<sup>th</sup>. She encouraged everyone to participate in one of the events, or plan to go as a cheerleader for our team.

**Chaplin Mindy** encouraged everyone to plan to come to a concert by the Michigan Chamber Chorale on June 8<sup>th</sup>. She also said that Bayrama is coming on June 22nd and she is asking residents to think about helping to feed the carnival workers by preparing desserts for them. All desserts would be turned in on June 21<sup>st</sup>. She is looking for two residents from Assisted Living and two from Independent Living to coordinate this project.

**COMMUNICAITON COMMITTEE** Jean Campbell talked about two programs by which residents can nominate employees for awards for exceptional service. She indicated that there is some confusion about the differences between the two programs and how we can make use of each one. The "What I Do Matters" program is local within our village. The "Shining Star" program is a PVM statewide program. The committee is asking that clarifying descriptions of the programs be published so that residents can make knowledgeable use of them. Auto speeding within the village is still a concern. A new sign may be posted at the entrance.

**NOMINATING COMMITTEE** Jean Campbell presented the following slate for officers of the association: President – Peter Batts; Vice President – Elva Daniels; Treasurer – Gladys Stolzenfeld. The current Secretary is declining to continue in that position, but will continue as chair of the Christmas Fund Committee. The Nominating Committee was unable to find someone to run for the position of Secretary. President Batts stated that any candidate for the office of Secretary should have good hearing, be able to write rapidly, and have computer skills. It was suggested that recording the proceedings of our meetings would negate the need for the first two qualifications. The meeting was opened for nominations for Secretary from the floor. No nominations were made. President Batts announced that nominations from the floor will be received at the June meeting.

**BUILDING & GROUNDS COMMITTEE** Neil Veneri informed us that all sidewalk problems will be fixed at one time. The date for this has not yet been determined. He reminded us to be sure to submit a work order any time we need help from the Building and Grounds Department. The matter of auto speeding in the village is being addressed with David Miller.

**President Batts** reminded us to make use of the suggestion box in the main lobby. Two issues were brought up from the audience: "Out of Order" signs on the doors to the courtyard; and excessive blowing from the air conditioners in the dining room. Betsy encouraged people to go to the Building & Grounds Committee meetings and express their concerns to the maintenance crew there.

The meeting was adjourned at 2:48PM and we enjoyed refreshments and fellowship in the Activity Room.

Respectfully submitted,  
Bob Healy, Secretary

# CareSync Solutions

Supporting Your Healthy Lifestyle

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## Meet Josie Villegas, LMSW

CareSync Solutions Case Manager at The Village of East Harbor

Born and raised in Adrian, Michigan, Josie received her undergraduate degree at Siena Heights University, and obtained her Masters in Social Work at Wayne State University.

In moving to the Detroit area, she found her calling at the St. Mary's Nursing Home in St. Clair Shores, her first social work position in the field of gerontology. From there, she continued to grow and expand her skills, leading her to social work positions at Father Murray in Centerline, and the Boulevard Health Center in Rochester Hills, where she served as Director of Social Work.

When the opportunity presented itself to work as a Case Manager/Discharge Planner with Presbyterian Village and CareSync Solutions, she jumped at the opportunity. "It's exciting to be a part of a developing program where the focus is all about the individual and the family, our family here. I love working as part of a PVM / CareSync team at The Village of East Harbor. As we work together we strive for service excellence enhancing the quality of life for our residents".

Josie is married and has an eleven year old step-son. In her spare time, she enjoys travelling, arts and crafts, movies, and spending time with her family. She's also involved in several Detroit area art collaboratives, and enjoys attending art shows and going to museums.

Josie is at VEH weekdays from 8:00am to 4:30pm and she is available to answer any questions regarding discharge planning, skilled nursing services, private duty services, counseling services, care management, power of attorney / guardianship / legal / insurance questions or concerns and any other areas where understanding and answers may be needed. She is also very knowledgeable about available community resources. Give Josie a call!!

She can be reached at her office number at The Village of East Harbor,  
Phone # 586-716-7092, or her CareSync cell # 586-817-5235.

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## You Carry It

by Fred Pankow

As principal of the high school he tried to keep abreast of what went on in "his" school. That included walking the halls and making the entrances and exits secure. He recalled a student saying, "I wish you would get a new pair of shoes." "Why?", he inquired. The student replied, "Because I can't hear you coming."

If this principal saw a gathering of students, for no reason of which he was aware, he greeted the largest boy involved and asked, "How are things going? It usually ended in a pleasant conversation about "What's up?" An attempt was always made to avoid putting a student "on the spot" in front of his or her friends unless it could be made into a humorous act. The principal felt it was his job to create a situation in which all students, and their teachers felt comfortable and unthreatened even in a tense situation.

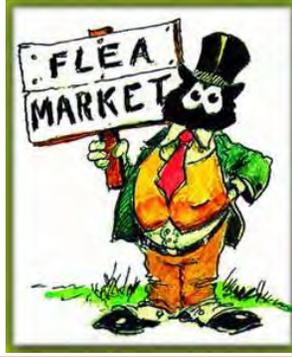
One day an unusual situation came to his attention. One student was ridiculing (bullying) another student because of the manner in which the second student was carrying his books. On closer examination it was learned it was one particular book that was the focal point. The student being teased was carrying a Bible. Recall that in those days Gideon Bibles were found in most hotel rooms, Gideon New Testaments were given at no charge to graduating seniors and military personnel, American flags were raised by the safety patrols, students said The Pledge of Allegiance, and "In God We Trust" was added to our coins.

The three of them, two students and the principal, discussed many things; church membership or religious beliefs were no part of the conversation. At the end of the meeting the bullying boy was asked to carry the other boys Bible. The bully pawed the floor while studying it intently. He wanted no part of that assignment but it did lead to a discussion about the fact that it was not always easy for a person to stand up for what one believes in and to do so often took a lot of courage. The principal neither praised or condemned either of the young men nor did he ask either questions. The two boys left the principal's office together, the one still carrying his Bible.

It is the right of every person to lawfully express his or her beliefs without fear of condemnation or ridicule. Is there bullying today in our adult world?

Chesterfield  
Senior Center

Thursday, June 2,  
9:00am  
Sign up in Lobby



## EXCURSIONS.....

**Thursday, June 2**

**Chesterfield Flea Market**  
9:00 am

**Wednesday, June 8**

**Women's Lunch**  
*Little Camilles*  
11:00am

**Friday, June 17**

**Detroit Tour**  
10:30am

**Tuesday, June 21**

**Tastefest**  
5:30pm

**Wednesday, June 22**

**Mall Trip**  
*Partridge Creek/Nino Salvaggio*  
9:30am

**Friday, June 24**

**Village Victory Cup**  
7:45am

**Wednesday, June 29**

**Tiger Game**  
10:00am

### TOUR DETROIT



Detroit is a city rich in history, grand buildings and vibrant art surrounding public places. Walk with Detroit Experience Factory & PureDetroit through the downtown area as we explore some of the

great contributions of prolific architects and emerging artists.

On this one-hour tour, we'll travel through The Belt, step inside One Campus Martius, wave to the Spirit of Detroit and end our tour at the PureDetroit shop inside the grandeur of the majestic Guardian Building.

**Friday, June 17**  
10:30am  
Lobby

**You MUST sign up by June 10!**



**Ray Wiegand's NURSERY**  
SINCE 1941



**Butterfly House Tour**  
Tuesday, June 28  
9:15am  
Sign up in Lobby





PUT ON YOUR DUDS AND SCOOT THIS WAY...

WE'RE DOING HOEDOWN CRAFTS  
IN THE ACTIVITY ROOM TODAY!

Wednesday, June 1, 1:30pm

Friday, June, 1:30pm

Thursday, June 9, 1:30pm



*Yeehaw!*

### Learn to Line Dance

With

**HOOKED ON COUNTRY**

Tuesday, June 7

1:00pm

Chapel



JOIN US FOR  
**FATHER'S DAY DINNER**

Monday, June 20

Noon

Activity Room



### Book Group

Book this month:

*The Boys in the Boat* by: Daniel James Brown

Wednesday, June 8 ~ 3:00pm ~  
Conference Room



Hosted by:

Paul Miller

Wednesday, June 22

1:30pm

Activity Room

### Alzheimer's Support Group

Hosted by Pauline Zeig

3rd Tuesday of every month

2:00pm , Chapel

Great Lakes Legal will provide  
legal service by appoint. only.

Please call

Anita Wenzel, Lead Attorney

(313) 937-8282

**JUST A REMINDER...Committee Meetings are open to ALL Residents!**

**Building & Grounds-meets the 1st Tuesday of every month at 2:30pm in Kirk Hall**

**Communication Committee- meets the 1st Wednesday of every month at 3:00pm in the Conference Room**

# Masquerade Fashion Show 2016





# May Birthday Dinner



# Downton Abbey Presentation



# detroit zoo



# Directory

<b>Accounting</b>	
<i>Tracy Tesch</i>	716-7408
<b>Activity Lead A/L &amp; I/L</b>	
<i>Betsy Mianecki</i>	716-7143
<b>Admissions Specialist T.C.U</b>	
<i>Sue McCallum</i>	716-7427
<b>Assisted Living Nurse</b>	
<i>Denise Klimaszewski</i>	716-7115
<b>Beauty Salon</b>	
<i>Appointments</i>	716-7180
<b>Chaplain</b>	
<i>Mindy Raulston</i>	716-7438
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Dining Services Mgr.</b>	
<i>Nolan Poloney</i>	716-7419
<b>Director of Nursing</b>	
<i>Melissa Freiburger</i>	716-7416
<b>Driver</b>	
<i>Ann Marie Hart</i>	716-7142
<b>Fitness Specialist</b>	
<i>Chris Gorde/Lisa Sonnenberg</i>	716-7164
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Haven Hall Nurse</b>	
<i>Lynette Sanday</i>	716-7384
<b>Housekeeping / Laundry Mgr.</b>	
<i>Mary Breen</i>	716-7418
<b>Maintenance Mgr.</b>	
<i>Rod Brandt</i>	716-7417
<b>HCC Activity/Volunteer Mgr.</b>	
<i>Sheri Stover</i>	716-7021
<b>Physical Therapy Mgr.</b>	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
<b>Resident Care Mgr.</b>	
<i>Toni Greig</i>	716-7426
<b>Sales &amp; Leasing Mgr.</b>	
<i>Carolyn Martin</i>	716-7221
<b>Sales &amp; Leasing Specialist</b>	
<i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183



**6/03 Doreen Vermiglio**

**6/04 Beverly Pack**

**6/12 Betty Williams**

**6/17 Norma Matthews**

**6/18 Dona Kvocka**

**6/22 Loraine Luckee**

**6/23 Maureen Furtak**

**6/25 Mildred Yetter**

**6/26 Elizabeth Baillie**

## WELCOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family:

**Jleane Sills—101**

**Ted Wilk—113**

**Phyllis Litaker—B203**

**Ronald Parish—E-2**

**Beverly Pack—417**