



# Village Trumpet



Embrace the possibilities

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October 2023



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The Village of  
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



## Candlelight Concert

An Unforgettable experience surrounded by candles Featuring a Quartet



THURSDAY  
OCTOBER 12

KLEEMAN  
CHAPEL

7:00pm

Coffee and Cookie Reception Immediately Following

The Village of East Harbor • 586-725-6030

Let's get a little  
**SPOOKY**

JOIN US FOR A HALLOWEEN PARTY

**Tuesday, October 31**

**1:30pm**

**Activity Room**

*Costume  
Contest*



## FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



Happy Fall Ya'all!

It is the season for colds and flu. Our Flu shot clinic for residents went smoothly. Hope you had a chance to take advantage of getting a Flu shot onsite. If you did not get a flu shot local pharmacies are equipped to provide vaccinations. RSV is a new vaccination now recommended for 60 and over this year. Children and seniors are susceptible to having severe symptoms that may cause death. Staff are no longer required to get vaccinated. Many choose vaccinations to protect themselves, families, and residents. Stay well.

When this goes to print, the residents will be back from the ARC trip with Chaplain Laura and the Hoedown. We will post pictures next month. In the meantime, check out our Facebook page to see pictures and more. Make sure your friends and families know they can like our page and see postings as well. It is a nice way to keep up on the happenings on campus. Speaking of happenings, we will hold another Candlelight Concert. This time in our Chapel. Last year it was spectacular.

Another spectacular event is the annual PVM Gala. If there is enough interest, we will provide transportation to the Gala. In the past staff and residents enjoyed transportation and had a great time together at the Gala. If you cannot make it you can still buy Raffle tickets for \$10 a piece on line or from Chaplain Laura. Win grocery money and more. See newsletter for more details.

October 7<sup>th</sup> the Anchor Bay Chamber will be holding an Oktoberfest fundraiser complete with buffet, games, and German Beer in the Marguerite restaurant. Tickets are \$40 in advance. Ask resident Margo if you would like tickets. Tickets will be \$45 at the door. It is sure to be a good time. Hope you can join us. Have fun dancing to German music. Danke!

The year is rapidly approaching the Holiday Season. Some people suffer from seasonal depression. Take care of yourselves. Try a new exercise class, make a new friend going to an event, or go to one of our support groups. If you are in need and do not know where to turn you can contact our Chaplain for direction or your family Physician. Mental Illness is real. Do not suffer alone.

How do you like all the Scarecrows on campus? The staff and residents participated in making Scarecrows for all to enjoy. Thank you to everyone who participated. Make sure you get a moment to see them all. We have very talented staff and residents.

Happy Halloween!

Carolyn Martin

ANCHOR BAY ROTARY PRESENTS

SATURDAY  OCTOBER 7<sup>th</sup>, 2023

5:30-10 PM

\$40 PRE-SALE TICKETS THRU SEPT.30



PVM PRESENTS

2023 GALA

# LIGHTS! CAMERA! ACTION!

FRIDAY  
6:00 P.M.



OCTOBER 27<sup>TH</sup>

THE HENRY  
AUTOGRAPH COLLECTION  
300 TOWN CENTER DR.  
DEARBORN, MI 48126

FOR TICKETS, VISIT  
[PVMF.ORG/TICKETS](http://PVMF.ORG/TICKETS)  
OR CALL 248.281.2040

PRESENTING SPONSOR

**FIRST CONTRACTING**  
INCORPORATED

PVM'S SPECTACULAR GALA IS BACK  
ON OCTOBER 27TH!

CALL 248-281-2040 TO PURCHASE YOUR TICKET FOR THIS YEARS GALA!

WE WILL BE PROVIDING BUS SERVICE FOR THE GALA • PLEASE SIGN UP IN THE BOOK!

## Get Your **RAFFLE TICKETS**

Each \$10 raffle ticket is a chance to win  
\$4,000 and much, much more!!

**Purchase 10 tickets and receive 2 additional tickets free!**

*Enter our raffle for a chance to win:*



Scan the QR code, or  
visit **PVMF.org/Raffle**,  
or call **248.281.2040**.

*You do not need to be present at the gala to win any of these amazing prizes!*

**SEE CHAPLAIN LAURA OR BETH HUMBLE TO PURCHASE YOUR TICKETS TODAY!**



# The Village of East Harbor RESIDENT ASSOCIATION MONTHLY MEETING

**Date: Tuesday, October 10th**

**Location: MARGUERITE'S RESTAURANT**

**Time: 1:30pm**

**ALL Residents are members of the Resident Association and encouraged to attend**

Join us for a **MEET & GREET** social following the meeting.

**JUST A REMINDER...Committee Meetings are open to ALL Residents!**

## **Building & Grounds**

**Meets Tuesday, October 3 at 3:00 pm in Marguerite's.**

## Culinary Committee

**Meets Wednesday, October 4 at 3:00 pm Marguerite's.**

# WELCOME HOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family

## Barbara Brown—503 Capman

## Jean Ciaramitaro—604 Barnett

## Diane Deceuninck—715 Harbor Inn

## Susanna Defever—501 Capman

## Ralph Franks—818 Harbor Inn

## Robert Jaworski—911 Harbor Inn

**Rosemary Kavanaugh—106**

## Fred Meldrum—100 Kirk

## Art & Marga Sehnke—820 Harbor

## Alzheimer's Caregiver Support Group

This support group is for caregivers affected by Alzheimer's disease or a related dementia.

**Fourth Wednesday at 3:30 pm**  
**Kleeman Chapel**

More information please contact  
**Ann Marie (586)716-7142**



# PARKINSON'S SUPPORT GROUP

## Second Thursday at 6:00 pm

## Marguerite's Restaurant

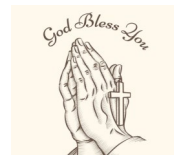
**This meeting is open to everyone, people with Parkinson's, family and caregivers.**





## Chaplain's Corner

Chapel events and schedule



**Blessing of the Pets is** Wednesday, Oct. 4 at 11:00am. Please bring your pet or a picture of your pet for a special blessing, prayer, a treat and a special gift for their special day. Your family is invited to bring their pets as well.



October is **Clergy Appreciation Month**. I am hosting a Clergy luncheon Tuesday, October 24 at 12 noon for local pastors and priests . Resident Pastors and Priests are welcome to attend. If you would like to invite yours, please invite them and if they would like to attend, please provide me with yours and their names and contact information so you both may be invited to attend.

**POT LUCK BINGO** at Immaculate Conception!! Thursday, October 5 leaving at 11:00, returning around 1:30 Please Sign Up!

### SPIRITUAL PROGRAM CALENDAR

**TUESDAYS-10:45am-Catholic service in our chapel. The 3rd Tuesday is Mass with Father Joe Esper.**

**Sundays 11 am Non-Denominational service-** – All are welcome.

**Mondays- 2:30 Currently in a study of Jesus' Parables.**

**Tuesdays-2:30- Bible Study**-Currently studying Romans.

**Wednesday- 2:30- Bible Trivia and Word Games.** Join us for fun and discussion. Trivia at all levels and word games that will challenge and amaze you with your skills! Snacks given out at the end.

**Thursdays- 11:00 am- Rosary in the Chapel.**

**Thursday, October 26 Drug Take Back Day** Time to be determined.

I will send a robo call with more information. PILLS ONLY, NO LIQUIDS!

If you have any questions, need prayer, communion, a visit or any other needs, please feel free to come see me or call me at (586) 424-5674.

I am here to serve your spiritual needs and am able to assist with others.

Blessings,

Chaplain Laura



*From The Desk Of Chaplain Laura...*



October marks the time to harvest crops that have been planted and watered all summer long. In Matthew 9, Jesus saw the spiritually lost and had compassion on them. He said to His disciples, "The harvest is plentiful but the workers are few. Ask the Lord of the harvest to send out workers into his harvest field." We are called to spread hope through the gospel and our testimony to those who are spiritually lost and hopeless.

October is Clergy Appreciation Month. (Clergy Appreciation **Day**– is Sunday, October 8) Please remember your clergy throughout the month.

To honor our local pastors, I will be hosting a Pastor's Appreciation luncheon on Tuesday, Oct 24 at 12:00 noon. If you would like to invite your pastor, please contact them and provide me with **your** name and contact information, and **their** name, church, and contact information since you would be invited to join us for lunch. Any residents who are current or former clergy are invited to attend. **Please sign up.**

I am here to assist you with any of your spiritual (and other) needs.

If you would like prayer, communion, a visit, resources, or have any other needs, please contact me. I'm here for you.

**\*\*\* POT LUCK BINGO THE FIRST THURSDAY OF EVERY MONTH!**  
Please read "**CHAPLAIN'S CORNER**" for details on spiritual programs, dates, times, and information.

*In His Service,  
Chaplain Laura Stone*



**Wednesday, October 4**

**11:00 am**

**Activity Courtyard**

**All pets welcome or bring a picture.  
Refreshments for pets and their parents.**



# Health and Wellness News

Christina Nahorodny, Fitness Specialist



## The time has come to start practicing for the Village Victory Cup!



For those not familiar with the Village Victory Cup, it is a competition of selected games between the communities of the Presbyterian Villages of Michigan. For reasons beyond our control, we could not have a VVC competition this year, but we won't let that stop The Village of East Harbor from having our own competition!

**What? Village Victory Cup**

**When? Friday, October 20th at 1:30 pm**

**Who? Any resident who likes competition and a great time!**



Get your teams together to join in on the fun! Since our VVC game day will be the day before one of the best football games of the year—**Michigan vs. Michigan State**—that's how we'll divide into teams!



**SIGN UP IN THE ACTIVITIES ROOM FOR YOUR TEAM AND  
MAKE SURE TO SHOW UP FOR THE SCHEDULED PRACTICES**

**Wear Blue and Maize if you're a University of Michigan fan  
or Green and White if you're a Michigan State fan**

**Be sure to save the date for next year's regularly scheduled  
Village Victory Cup competition  
Friday, June 21, 2023**

**Please note changes on the Activities calendar  
to the regular exercise schedule  
for the month of October**

***LET'S GO PIRATES !!***



# OCTOBER BIRTHDAY DINNER

THURSDAY, OCTOBER 19

12:00 PM

MARGUERITE'S RESTAURANT  
PURCHASE YOUR TICKETS AT THE  
FRONT DESK

KIELBASA KINGS WILL ENTERTAIN IN  
THE CHAPEL-1:30PM

Receive a FREE Birthday Meal  
on your Birth month!  
And one guest at 1/2 off!



## RESIDENT POTLUCK

SUNDAY, OCTOBER 15



4:30 PM-HAPPY HOUR

5:00 PM DINNER

MARGUERITES RESTAURANT

**BRING A DISH TO PASS  
SIGN UP IN THE ACTIVITY ROOM**

## MARGUERITE'S RESTAURANT

### JOIN US FOR BUFFET DINNER...

Friday's  
5:00pm  
\$15

All Alcohol  
**MUST**  
be purchased  
in Marguerite's



**NO  
CARRY-OUTS**

**October 13 - Chicken Parmesan**

**October 20 - BBQ Ribs**

*AVOID THE LONG LINES*

*Purchase Your Tickets at the Front Desk by the Tuesday before the dinner.*

## OCTOBER IS COMPUTER LEARNING MONTH

Learn about your computer with our Technology Staff.

Friday, October 13

1:30 pm

Activity Room

Bring your cell  
phones, tablets  
and/ or laptops.



## Memoir Writing Made Easy

EVERYONE HAS A STORY TO TELL!!

This group will meet once a week for one hour to share stories and practice writing. Paper and pens will be supplied.

THIS GROUP WILL NOT MEET  
OCTOBER 9 & 16

**Mondays 2:30pm Activity Room**

## Show & Tell

Do you have a special item at home that you would like to share with others? Something that has a particular story that is meaningful to you ?

**MONDAY, OCTOBER 2**  
**1:30 PM-Activity room**  
**ACTIVITY ROOM**



**A weekly chat group of men and women who meet for coffee and conversation. Come talk about current events with people who are interested in what's going on locally and globally.**

**Tuesday's 9:30 am, Activity Room**  
Will not meet on October 31

## Monday Night Games

*October 2 & 16-Scrabble*

*October 23-Quarter Bingo-bring your quarters*

*October 9 & 30 -Dominoes*

**All games start at 6:00 pm-Activity Room**

## SATURDAY MATINEE

**1:00 pm Capman Hall-Independent**

**1:30 pm Activity Room-Assisted Living**

October 7—Where the Tracks End

October 14—Field of Dream

October 21—Midway

October 28—Money Pit



## Paint a Fall Painting with Linda



**Thursday, October 12**  
**10:30am**

**Activity Room**

**YOU MUST SIGN UP IN THE BOOK!!!!**

**PAINT A PUMPKIN**  
**THURSDAY, OCTOBER 26**  
**1:30PM**  
**ACTIVITY ROOM**



**You MUST sign up for this craft in the book!**



**BLAKE'S ORCHARD**  
**Lunch (on your own)**  
**Monday, October 9**  
**10:00 am-Lobby**

**3 Vines North—Croswell**  
**Vineyard & Tasting Room**



**Monday, October 16**  
**10:00 am-Lobby**

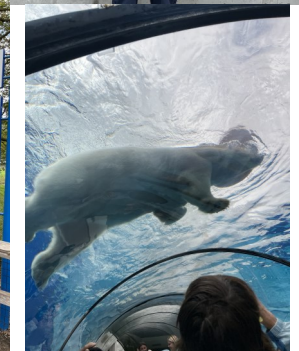
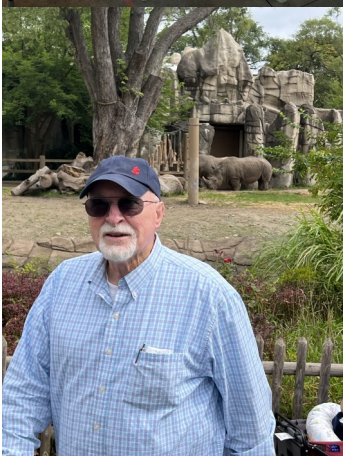


**Saturday, October 28**  
**6:30-?**  
**Activity Room**

**Sundays in October**  
**6:00 pm**  
**Activity Room**



# Tiger Game





# EXCURSIONS

**Thursday, October 5**

*Immaculate Conception*

*Potluck /bingo*

\$\$\$ on your own

11:00 am

**Monday, October 9**

*Blake's Orchard*

10:00 am

\$\$\$ on your own

**Monday, October 16**

*3 Vines*

*Wine Tasting Tour*

10:00 am

\$\$\$ on your own

**Tuesday, October 24**

*Men's Lunch*

*Gumbo's*

11:30 am

\$\$\$ on your own

**Wednesday, October 25**

*Footwear Footcare*

*Footwear Store*

9:30 am

\$\$\$ on your own

**Thursday, October 26**

*Women's Lunch*

11:00 am

\$\$\$ on your own

## FOOD VOUCHER CARDS

MAY BE USED IN BISTRO, CAFÉ AND ALL  
DINING SERVICES TAKE 10% OFF YOUR  
FOOD ORDER

WHEN YOU USE YOUR CARD  
EXCLUDES BIRTHDAY DINNER AND  
SPECIAL EVENTS

AVAILABLE FOR PURCHASE IN ANY  
DENOMINATION

SEE SALLY 586-716-7423



**Sign up for outings and activities in  
the Binder in the Activity Room or  
call Ann Marie: 586-716-7142  
Space is limited!**

**Car/bus trips can be scheduled Mon-Fri  
from 8 am-4:30 pm, upon availability.  
Independent residents can schedule up  
to 2 car/bus transports per month free  
within the Chesterfield and  
New Baltimore area.**

**Anything over 2 rides will see a charge.  
Any questions making appointments or  
with regards to charges, please contact  
Ann Marie-586-716-7142**

**Sign up for ALL crafts and activities in  
the Binder in the Activity Room.**

***Space is limited!*  
Don't be turned away,  
sign up today!**



# Directory

<b>Accounting</b>	
Tracy Tesch	716-7408
<b>Activity Supervisor AL/IL</b>	
Betsy Miannecki	716-7143
<b>Administrator</b>	
Carolyn Martin	716-7221
<b>Beauty Salon</b>	
Appointments	716-7180
<b>Chaplain</b>	
Laura Stone	716-7438
<b>Dining Services Mgr.</b>	
Hisam Chowdury	716-7419
<b>Director of Nursing</b>	
Karolina Jones	716-7416
<b>Driver</b>	
Ann Marie Hart	716-7142
<b>Executive Director</b>	
David Miller	716-7410
<b>Fitness Specialist</b>	
Chris Nahorodny	716-7385
<b>Front Desk</b>	
Receptionist	725-6030
<b>Harbor Inn-Admin. Asst.</b>	
Beth Humble	586-273-2440
<b>Harbor Inn Manager</b>	
Wenona Breazeale	586-273-2559
<b>Housekeeping / Laundry Mgr.</b>	
Michelle Willer	716-7418
<b>Maintenance Work Request</b>	
Front Desk	725-6030
<b>Maintenance</b>	
Emergencies After 11:00 pm	248-996-2470
<b>Marketing Manager</b>	
Sue McCallum	907-3709
<b>Outpatient Therapy</b>	273-2457
<b>Physical Therapy Mgr.</b>	
Kim Frabotta, Agility Therapy	716-7398
<b>Rehab Admissions</b>	
Jen Moreno	716-7427
Darcy Stalker	716-7183
<b>Resident Care Mgr.</b>	
Toni Greig	716-7426
<b>Sales &amp; Leasing Specialist</b>	
Wayne Hindmarsh	716-7199
Andrew Hoeltzel	716-7397
Kathy Moore	716-7039



10/01 Jack David
10/04 Joyce Blovits
10/06 Sam Vicari
10/10 Shirley Chinn
10/13 Bruce Smith
10/13 Wayne Miller
10/14 Bonita Holcomb
10/16 Josephine Gradowski
10/17 Mabel Campbell
10/18 Sandra Noce
10/19 Barbara Prill
10/20 Ellen Mitchell
10/22 Joyce Behem
10/24 Ralph Singer
10/26 Rosemary Nebel
10/27 Richard Hines
10/29 Michele Kersanty
10/31 Pauline Kozlowski