



# Village Trumpet



Embrace the possibilities

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May 2023



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The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



**THE VILLAGE OF EAST HARBOR**

**Mother's Day  
Tea Party  
&  
Fashion Show**

**SATURDAY, MAY 13  
11:30 AM**

**MARGUERITE'S RESTAURANT**

**TICKETS: \$15.00**

**PURCHASE TICKETS AT FRONT DESK**

**MORE INFORMATION CALL: BETSY-586-716-7143**

**FASHIONS BY:  
SUZANNE'S OF PORT HURON**

**SHOPPING AFTER THE SHOW**



**FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:**

We had a surprise 60<sup>th</sup> Birthday Celebration for Executive Director David Miller. While he was calling resident Bingo, staff and residents gathered to surprise him with a toilet paper Birthday Cake, gag gifts, and cupcakes. We joked that we demanded a recount because he could not possibly be the Big 60.

Our new Garden Club is looking at our front entrance. They are going to make recommendations for new plantings to enhance the drive in. I am looking forward to hearing their thoughts and ideas. If you would like to have input join the Garden Club. See Betsy for information.

The ducks are back in the courtyard. Eggs laid and Mother Duck is sitting on them waiting for them to hatch. Expect baby ducklings soon. We have counted 13 eggs so far.

Do not forget we pay referral bonus. Make sure to tell your friends to mention your name and if they move in you will receive a nice referral bonus from us. Ranch homes are rapidly filling up. Send your friends and family to us and we will take good care of them.

Our Mother’s Day Tea party luncheon and Fashion Show is just around the corner. It is a fun filled day filled with laughter, lunch, show, and shopping. It is a great event to get your friends together or celebrate with family. Hope to see you there.

Many residents are enjoying a revival of card games. Always looking for new participants. They play in the Harbor Inn and Activity Room. The Harbor Inn has a brand new pool table/ping pong table. Stop by and check it out. Better yet, bring your friends and play a game of pool or ping-pong.

Chris our fitness specialist is going to set up an outdoor Pickleball court. It will not be a permanent court but one she will have a net, chalked court, balls and rackets. Cannot wait to try it.

Happy Mother’s Day and Happy Memorial Day

**Courtyard Clean-up**  
**Friday, May 26 & Saturday, May 27**  
**10:00 am Activity Room**  
**Bring your gloves and help us clean Fritz’s Garden.**




## **Village of East Harbor**

### **Residence Association meeting minutes April 11th 2023**

The meeting was Called to order at 1:30 P.M. by President Janet Lickman.

Pledges to the United States flag and Christian flag were recited.

New members attending the meeting are as follows Arlene Tines, Betty Cirello, Trudy Blascik.

Last month's meeting Minutes were read and approved.

Pat Mikel gave the treasure report. Pat reminded all of the potluck Sunday April 16th at 4:30 p.m. Fundraiser project going on now. Fundraiser donations will be used throughout the campus for indoor projects and outdoor projects

You can leave your pledges at the front desk. The Treasurer Report was approved.

Administrator Carolyn Congratulated all those involved in the talent show. A wonderful time was had by all attendees. Carolyn advised that we are sure staffed on grounds and are looking to hire new employees, looking for volunteers for the Garden Club, looking for ideas for the front of the building, looking for new ideas for outdoor games, looking for volunteers for the holiday fashion show, looking for donations for the bazaar Fashion show if you have donation drop them off at the front desk . April 24th 2023 will be bingo with David at 11:30 a.m. Remember to check your village trumpet for all events and activities.

Joan Lehoczky Passed out the results of the survey requested by management.

Chaplin Laura The visit to the ark has been rescheduled. The new date is September 25th and 26th . Total price of the event will be \$262.00. A deposit of \$150.00 is required by the end of May. The Motor City Corral will perform in the week of Christmas. Please check Village trumpet for any other updates.

Fitness specialist Chris thanked all her drumming players at the talent show. Earth Day is April 21st at 1:30 p.m. Check your calendar for pool noodle, baseball, pickleball and other sporting events.

Activities Betsy thanked everyone who was involved in the talent show. The Mother's Day tea party and fashion show will be held on Saturday May 13th 2023 at 11:00 a.m. tickets are \$15.00. The theme will be Victorian. See Betsy if you want to be a model for this very exciting event. Monday April 17th at 1:30 p.m. Judy Sima will be here to help us learn about storytelling and how to write memoirs. Upcoming events are as follows DSO concert May 5th \$35 .00 Due April 10th, Thursday June 1st 2023 Six The Musical at the Fisher Theater 4:00 p.m. tickets \$50. Due May 1st, Thursday July 13th 2023 the Great American Trailer Park Snug theater 4:00 tickets \$38.00 due June 5, 2023. Ukulele lessons are being offered sign up in the activities room . Remember that Harbor Lights is every Thursday at 4:00 p.m.

Residents Association is looking for new officers for the upcoming year. Please contact Janet Lickman if you are interested in becoming an officer.

Motion to adjourn by Joan Lehoczky second Karen Harrison Meeting adjourned 2:45 p.m.

Respectively submitted

Sally De Schepper

## The Village of East Harbor

### RESIDENT ASSOCIATION MONTHLY MEETING

Date: Tuesday, May 9

Location: MARGUERITE'S RESTAURANT

Time: 1:30 pm

**ALL Residents are members of the Resident Association and encouraged to attend**

**Banana Split  
Day**

**JUST A REMINDER...**Committee Meetings are open to ALL Residents!

#### Building & Grounds

Meets Tuesday, May 2 at 3:00 pm in Marguerite's.

#### Culinary Committee

Meets Wednesday, May 3 at 3:00 pm Marguerite's.

## WELCOME HOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family

Nancy Burandt—707 Harbor Inn

William Lewis—708 Harbor Inn

Ralph Singer—609

### FOOD VOUCHER CARDS

MAY BE USED IN BISTRO, CAFÉ  
AND ALL DINING SERVICES  
TAKE 10% OFF YOUR FOOD ORDER  
WHEN YOU USE YOUR CARD  
AVAILABLE FOR PURCHASE IN  
ANY DENOMINATION  
SEE SALLY 586-716-7423



## Learn to play the UKULELE Presentation at the Resident Association Meeting

### 5 Reasons why you should learn to play the Ukulele:

1. Learning something new gives us energy and reminds us that learning is fun (and a little challenging)!
2. It's easy to learn
2. It's affordable
3. It's portable
4. Music boosts your mood.
5. It's fun and friendly.

We will take a trip to Ardis music where you can purchase your ukulele. Class day and time to be determined.

## May is Leave a Legacy Month!

May is not just for spring flowers anymore. It's also Leave a Legacy Month! Legacy giving offers you an opportunity to support a nonprofit(s) of your choice beyond your lifetime. You can plan today to make a gift in the future, so organizations like the Village of East Harbor/ Presbyterian Villages of Michigan (PVM) can continue the important work being done for generations to come.

### Did You Know?

Anyone can make a legacy gift.

Legacy gifts may include a gift in your Will or gift through your retirement account or life insurance policy.

There is no required minimum amount to make a legacy gift. We have been blessed with gifts of all different sizes.

You can designate your support to the Village of East Harbor/Specific Fund/PVM.

When you make a commitment of gift beyond your lifetime, you join a fantastic group of people in the PVM Legacy Society.

Have questions? Want to learn more? Let's get together. I'm at the Village at least once a week, and I'd love to visit with you. You can also contact me at 947.247.0995 or

[dmeier@pvm.org](mailto:dmeier@pvm.org). <https://pvmfoundation.org/giving/legacy-giving/>



"I enjoy all the activities at the Village and I know they cost money to perform. My gift will help pay for future residents to enjoy everything I enjoy today."

- - Janet Lickman, VEH Resident

"My impression of when people leave things to a place that it is always large sums of money. It wasn't until later that I understood that legacy giving didn't necessarily need to be large sums of money. "A little bit from a lot of people goes a long way."

- - Elaine Walton, VEH Resident



## Alzheimer's Caregiver Support Group

This support group is for caregivers affected by Alzheimer's disease or a related dementia.

**Fourth Wednesday at 3:30 pm**  
**Marguerite's Restaurant**

More information please contact  
**Ann Marie (586)716-7142**



## PARKINSON'S SUPPORT GROUP

**Second Thursday at 6:00 pm**  
**Marguerite's Restaurant**

**This meeting is open to everyone, people with Parkinson's, family and caregivers.**



# Chaplain's Corner

MAY, 2023



**Ark Encounter/ Creation Museum- Overnight trip Sept 24-25. Only 14 seats available.**  
**\$262 per person double occupancy. Contact Chaplain Laura for more information.**

\*\*\*\*\*

## Join us in the Chapel for various spiritual programs including:

- ⇒ **Sundays at 11:00 am** Non-denominational Church Service and worship.
- ⇒ **Sundays at 2:00**– **Beginner/Intermediate** Scripture Study in the Chapel
- ⇒ **Mondays at 2:30** -Inspirational Reading. Read and discuss poems and short stories.
- ⇒ **Tuesdays at 10:45 am** -Catholic service. The 3rd Tuesday of every month is Mass.
- ⇒ **Tuesdays at 2:30** is Beginner / Intermediate Scripture Study. Join us on our journey as we travel through the New Testament. Currently in The Gospel of Luke. All are welcome.
- ⇒ **Wednesdays at 2:30** Bible Trivia & Word Games. A fun time to gather, learn, and share.
- ⇒ **Thursdays- 11:00am** Rosary in the Chapel. Invite a friend or neighbor to join you.

## SPECIAL EVENTS/OUTINGS

- ⇒ **Monday, May 1**– Clothing Giveaway (men's and women's) - Chapel -10am to 4pm.
- ⇒ **Wednesday, May 3**—Candy Making for Mother's Day. 1:00 **PLEASE SIGN UP**
- ⇒ **Thursday May 4**- **NATIONAL DAY OF PRAYER**. Chapel open for individual prayer 12-4
- ⇒ **Sunday, May 14-9:30am**- **Mother's Day Fellowship, coffee and donuts**-Activity Room
- ⇒ **Monday, May 15**– **7pm**– Interfaith Choir concert– Chapel.

**\*\*\*We have had a large donation of incontinence supplies. If you or someone you know is in need, please contact me.**

*Blessings,*  
*Chaplain Laura*



*From The Desk Of Chaplain Laura...*



**MAY**

**1 Peter 4:10-11**<sup>10</sup> Each of you should use

whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ.

Are you looking for ways to serve others? Residents throughout The Village would be blessed by your visits. If you would like to serve, please contact me.

**National Day of Prayer- Thursday, May 4**, signed into law by President Truman, **Begins at noon**. People across the nation will turn to God in meditation and prayer; The Chapel will be open for personal prayer for our nation, service members, all leaders, PVM, VEH, our staff, residents, families, etc.

**Mother's Day. Sunday, May 14** - Join us for a special Mother's Day Fellowship at 9:30am in the Activity Room **Mother's Day service at 11:00 am in the chapel.**

**\*\*\*Interfaith Choir concert- Monday, May 15 at 7:00 pm in the Chapel. \*\*\***

**PLEASE SEE "CHAPLAIN'S CORNER" FOR MORE UPCOMING PROGRAMS AND EVENTS including.....**Candy making– (Please sign up) and Clothing giveaway.

Join us for our special **Memorial Day service on Sunday, May 28 at 11 am to honor all who lost their lives while serving our country.**

**Please check your calendar and our Chapel Bulletin board in the hallway across from the chapel for updates and information.**

If you would like prayer, a visit, or have other spiritual needs, please contact me at (586) 424-5674. I am here to serve you and am only a phone call away.

*In His Service,  
Chaplain Laura Stone*

# Health and Wellness News

Christina Nahorodny, Fitness Specialist

## Fitness Class Descriptions:

### **Mondays**

9:00 & 10:30\* Cardio Exercise  
*Low impact, heart healthy exercises*

1:30 Strength & Balance  
*challenge your muscles to serve you better!*

### **Tuesdays**

9:00 Balance Exercise

11:30 Strength Circuit

### **Wednesdays**

9:00 & 10:30\* Yoga Stretch  
*Relax your body, mind and spirit*

1:30 pm Tai Chi (seated or standing)  
*Sun style program designed to relieve joint pain and improve balance*

### **Thursdays**

9:00 Move & Groove  
*Rhythmic cardio exercise to improve coordination and have fun!*

11:30 Drumming Exercise aka Chicks with Sticks!  
(seated or standing)  
*No musical experience necessary!*

1:30 Cardio & Coordination

### **Fridays**

9:00 & 10:30\* Strength Exercise

*\*10:30 classes are taught from a seated position*

*Interested in other classes? Questions?  
Contact Chris @586-716-7385*

Balloon Volleyball

Friday, May 19th

@ 1:30



STAFF v. RESIDENT

Pool Noodle Baseball Game

Thursday, May 4th @ 1:30pm

Front Parking Lot

Let's get out and

PLAY BALL!



Harbor Inn Health  
and Wellness Center hours:

Monday-Friday 8am-5pm

Barnett Hall

Fitness Center hours:

8am-8pm every day  
(including weekends!)

Anyone wishing to use *either*  
of our Fitness Centers **MUST**  
have an orientation and  
updated paperwork on file.

# BIRTHDAY DINNER

THIS MONTH BIRTHDAY DINNER WILL BE ON  
THURSDAY, MAY 18

12:00 PM

MARGUERITE'S RESTAURANT

PURCHASE YOUR TICKETS AT THE FRONT DESK

ENTERTAINMENT TO FOLLOW IMMEDIATELY  
IN MARGUERITE'S RESTAURANT

Receive a FREE Birthday Meal on your Birth month!  
And one guest at 1/2 off!



## Knit & Crochet Group

Thursday, May 11 & 25

3:00 pm

Harbor Inn Midrise  
Community Room



## Calling ALL Euchre players

Play

**BID EUCHRE**

**Tuesday's 10:00 am**

**Harbor Inn Community Room**

Questions call: Betsy 586-716-7143



## RESIDENT POTLUCK

**SUNDAY, MAY 21**

4:30 PM-HAPPY HOUR

5:00 PM-DINNER

MARGUERITES RESTAURANT

**This month's theme**

**Picnic Food**

**BRING A DISH TO PASS ~ SIGN UP IN THE ACTIVITY ROOM**

For more information contact:

Pat Mikle-248-933-1726



Bridge Lesson Series

Friday Mornings

10:00 am-12:00 pm

Harbor Inn Community Room

## SATURDAY MATINEE

1:30pm

CAPMAN HALL



Movie to be announced via robo call

# Show & Tell

Monday, May 15

1:30 pm

Activity Room

Bring your treasured items to share in the traditional style of show and tell.

## Candy Making with Chaplain Laura

Wednesday, May 3

1:00 pm

Activity Room



# Memoir Writing Made Easy

EVERYONE HAS A STORY TO TELL!!

This group will meet once a week for one hour to share stories and practice writing. You don't have to be a good writer to work on your memories and family history—you just have to be interested in chronicling these stories. Your children and grandchildren will want to read all about you through the stories you write!

Mondays 2:30 pm Activity Room



Saturday, May 20

6:30-?

Harbor Inn Community Room

## Let's all play Monopoly!

Tuesdays

2:30 pm

Activity Room



## The Village Garden Club



Help us plan the front entrance garden area.

Wednesday, May 10

11:30am

Activity Room

## HARBOR LIGHTS

Sing-a-long

Thursdays

4:00 pm

Chapel



## BRING YOUR QUARTERS!

MONDAY, MAY 22

6:00 PM

ACTIVITY ROOM

## Bingo and Brownies with Interim



## Brain Fitness with Marcia Reylea



## Talent Show After-Party



## Conchita shares her Blessed Mother from Fatima with others



## Meet our New Employee...



Hi my name is Trina Mazat. I just joined Wellness team at The Village of East Harbor. I have been retired from Ascension Health for 4 yrs. I decided to go back to work. I bumped into an old friend/ neighbor (Barb Stewart ) who works here at the Village. She had told me how wonderful it is to work here. I am very happy to join the team here. I find the residents and staff are so friendly and kind. I hope with my background as a florist, computer skills and medical, I can assist many here. I love good food, family and fun. I also am a mother of three children and been married for 38 years. I love new experiences and hope you'll be happy to have me!!

# EXCURSIONS

**Friday, May 5**

*DSO Concert*  
*Beethoven's Eighth &*  
*Simon's Trombone Concerto*  
9:00 am  
\$35.00

**Monday, May 15**

*Jusko's Greenhouse*  
10:00 am  
\$\$\$ on your own

**Wednesday, May 17**

*Women's Lunch*  
*Check Binder*  
11:30 am  
\$\$\$ on your own

**Tuesday, May 23**

*Men's Lunch*  
*Check Binder*  
11:30 am  
\$\$\$ on your own

**Friday, May 19**

*Who Makes the BEST Burger*  
*Check Binder*  
11:00 am  
\$\$\$ on your own

**Tuesday, May 30**

*Frankenmuth*  
*Bavarian Inn*  
9:00 am  
\$\$\$ on your own

# Upcoming Excursions

**Thursday, June 1**

*Six the Musical*  
*Fisher Theater*  
4:00 pm  
\$50.00 due May 1

**Wednesday, June 14**

*Tiger's -vs-Atlanta Braves*  
10:30am  
\$27.00 money due May 19

**Thursday, July 13**

*Great American Trailer Park*  
*Snug Theater*  
4:00pm  
\$38.00 money due June 5

**Thursday, August 31**

*Tiger's -vs-NY Yankees*  
\$33.00 money due June 16

**Sunday, Sept 24-Monday, Sept 25**

*Ark Encounter/Creation Museum*  
*Overnight Trip*  
\$262.00  
\$150.00 deposit due May 31  
Contact: Chaplain Laura for  
more information

**Sign up for outings in the Binder in  
the Activity Room or  
call Ann Marie: 586-716-7142  
Space is limited!**

**The Village of East Harbor**  
presents

# **Village Palooza**

**Harbor Inn Parking Lot  
June 29th**

**Craft Show · Car Show · Caricatures  
Food · Drinks · Music · Dancing**

**3:00 pm**

**Donny**

**4:30 pm**

**The**

**6:30 pm**

**Dr.**

**FOR MORE INFORMATION CONTACT BETSY AT 586-716-7143 OR [BMIANECKI@PVM.ORG](mailto:BMIANECKI@PVM.ORG)**

# Directory

<b>Accounting</b>	
<i>Tracy Tesch</i>	716-7408
<b>Activity Supervisor AL/IL</b>	
<i>Betsy Mianecki</i>	716-7143
<b>Administrator</b>	
<i>Carolyn Martin</i>	716-7221
<b>Beauty Salon</b>	
<i>Appointments</i>	716-7180
<b>Chaplain</b>	
<i>Laura Stone</i>	716-7438
<b>Dining Services Mgr.</b>	
<i>Hisam Chowdury</i>	716-7419
<b>Director of Nursing</b>	
<i>Karolina Jones</i>	716-7416
<b>Driver</b>	
<i>Ann Marie Hart</i>	716-7142
<b>Executive Director</b>	
<i>David Miller</i>	716-7410
<b>Fitness Specialist</b>	
<i>Chris Gorde</i>	716-7385
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Harbor Inn-Admin. Asst.</b>	
<i>Beth Humble</i>	586-273-2440
<b>Harbor Inn Manager</b>	
<i>Wenona Breazeale</i>	586-273-2559
<b>Housekeeping / Laundry Mgr.</b>	
<i>Michelle Willer</i>	716-7418
<b>Maintenance Work Request</b>	
<i>Front Desk</i>	725-6030
<b>Maintenance</b>	
<i>Emergencies After 11:00 pm</i>	248-996-2470
<b>Marketing Manager</b>	
<i>Sue McCallum</i>	907-3709
<b>Physical Therapy Mgr.</b>	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
<b>Rehab Admissions</b>	
<i>Jen Moreno</i>	716-7427
<i>Darcy Stalker</i>	716-7183
<b>Resident Care Mgr.</b>	
<i>Toni Greig</i>	716-7426
<b>Sales &amp; Leasing Specialist</b>	
	716-7223
	716-7397
<i>Kathy Moore</i>	716-7039



**5/05 Anthony Augugliero**

**5/06 Claudia Hutto**

**5/06 Mary Pacek**

**5/10 Barb Anderson**

**5/15 Shirley Walter**

**5/16 Joan Yoshida**

**5/20 Theresa Johnson**

**5/20 Ellen Kunath**

**5/22 Joann Eovaldi**

**5/24 Robert Horvath**

**5/26 Anna Gasowski**

**5/28 Carol Silverberg**

**5/31 Ila Cline**

**5/31 Donald Cramton**