



# Village Trumpet



Embrace the possibilities

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March 2016



## Featured Articles

Executive Director

Chaplain

Getting to know...

Marketing & Events

Events

Events

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Photos



## St. Patrick's Day Patty-Paw Parade

Thursday, March 17  
1:30 pm  
Chapel

**BRING YOUR PETS!**

Pet Pictures!

Prizes for Best Pet Costume!  
Treats for Dogs & Humans!



The Village of  
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



**OHSO  
GOOD**  
BY UNIDINE



ENTER FOR A CHANCE TO WIN PRIZES!  
Prepare your favorite Healthy dish, following the OSG Guidelines.

## RECIPE CONTEST

**Tuesday, March 8 2:30pm, Activity Room**

Judging by the Resident Association Board Members and a  
Peoples Choice Award.

To enter and get a copy of the contest guidelines please sign up in  
the Activity Room by March 5.



From the desk of the Executive Director:

This winter sure has been strange with warm weather then cold, snow then it melts, we are on the brink of spring with March just a few days away. I am hoping for warmer weather soon but who knows we live in Michigan. I have always said it must be nice to be a weather person on TV because you tend to be right maybe half of the time and you still keep your job.

The East Harbor projects are warming up, though, and the site plan for renovations and new construction were approved at the January Board meeting. The first phase involves the largest renovations of Kirk Hall and nursing, along with Barnett Hall and the Administration Building getting cosmetic face lifts like flooring, paint, and furniture. We are hoping to start these projects sometime by the end of summer. We are currently looking at architects and civil engineers then we will look at contractors over the next couple of months.

The second phase involves some new construction with an 80 unit apartment building, 16 more cottage homes, a food pavilion with a restaurant and café, then hopefully the wellness center addition, which we are still looking to raise \$1,000,000 more dollars. The second phase should start sometime in the spring of 2017.

I wish to thank several of our residents who have graciously agreed to serve on the site development committee starting in mid-March. They will be representing the resident voice on our committee and helping us to design the details to what will be provided with each area.

It is an exciting time to be a part of this community and the next couple of years will be fun to watch.

Respectfully Submitted: David Miller

MARKETING



Happy Spring, everyone!

Yes, it's just around the corner, and a reminder to "spring forward" your clocks before you go to bed on Saturday, March 12<sup>th</sup>.

On the following week, come celebrate St Patrick's Day with your friends and neighbors in the main building. On Thursday, March 17<sup>th</sup> bring your pet, dressed in its St Patty's Day green, to parade through the building starting in the chapel at 1:30. If you don't have a pet, bring your friends who have pets. If you don't have friends with pets, bring your camera and enjoy some fun with us. Prizes and treats for everyone!

Speaking of friends and family, don't forget, a great way to get some extra "green" is to tell them how much you enjoy living at The Village of East Harbor and when they move in, you will get a \$250 referral check! Stop in during business hours to see Nancy or Peggy in the Sales/Marketing department for some referral cards to make it even easier.

The need is constant.  
The gratification is instant.  
Give blood.



## THE VILLAGE OF EAST HARBOR

is sponsoring a  
**BLOOD DRIVE**

**APRIL 28**

**9:00am-3:00pm**

**Activity Room**

If the **American Red Cross** were to come here to set up a blood drive would you be willing to donate blood?

**WE NEED 45 NAMES TO SET UP DATE FOR THE RED CROSS TO  
COME TO THE VILLAGE.**

**Please sign up at the front desk or call**

**Betsy-716-7143**

If you are unsure of your ability to donate please check the website listed below.

<http://www.redcrossblood.org/donating-blood/eligibility-requirements>

*From the Desk of Chaplain Mindy ...*



The trees are budding, the bees are buzzing and the birds are chirping, spring is upon us!

We know, each year with spring comes the promise of new life.

So as we begin this season in our lives let's take a moment and examine ourselves.

***What can we give new life to; in our own lives?***

Is there a relationship that has died, that with a little care can be brought back to life?

Is there a hobby you love that you can pick back up and begin to enjoy again?

Is there a healthy habit that you once began, but then it dwindled?

Now is the time to breathe new life into all areas of our lives!

***What better time to start anew than Spring! When new life is in the air!***

***Ecclesiastes 3:1***

To everything there is a season,  
A time for every purpose under heaven...



Easter comes early this year, join us for our special services!

Palm Sunday Service, March 20th, 11am, CH

Good Friday Service, March 25th, 11am, CH

Easter Sunday Service, March 27th, 11am, CH



## *Numbers Lost*

**By: Fred Pankow**

I think of people who are part of our daily life but whom we do not really know. Their jobs may be more important to some than to others. They pack our groceries, repair our autos, pick up the trash we create and other services important to our life each day but to which we may give little attention.

One such person was called down by a customer who felt he was not being served quickly enough. The worker held up his bleeding hand. It had been cut on a glass the customer had broken. "Sir do you want me to wait on you with this?" The customer turned away. The worker tends bar in a fine home town type restaurant. It is a good place to eat or to have a beer. I have observed this young man, but did I really see him?

That night, on his arrival home, he thought about the snow storm through which he had just driven. It was a storm into which the headlights of his car could not penetrate. He sat to rest and to contemplate the events of the day. He took pencil in hand and wrote....

### *Numbers Lost*

Wiping the frost from my window,  
As I could hardly see the road,  
Using a paper that I found,  
I was still shivering from the cold.

Then I saw it was a napkin,  
On it the number that I saw,  
Belonged once to a friend of mine,  
Was the friend I didn't call.

Sometimes I still see them,  
The ones whose numbers I have lost,  
I try and nod to say thanks,  
For the friendships I have cost.

Maybe I could think them lifesavers,  
For if my window wasn't clear,  
If I had not had that number,  
I may not have seen another year.

Some may remember him as the young bar tender. One of those people we pass but may not see.

His picture has been posted, at that bar, for some time now. A stone marker has been placed near a tree planted just a few feet from a soccer field. The play field was built by the friends and families of the young people who would play there. His team was The Patriots.

Brian David Hall  
Feb. 27, 1978 - April 27, 2003



Each school year, approximately 1 in 4 students in the Anchor Bay School District qualify for the Free and Reduced Lunch Program. To qualify for this program, students must be considered “at risk for food insecurity” and these students are provided with a nutritious hot lunch Monday through Friday, but not the weekends. The goal of the **Feed the Bay Backpack Program** is to ensure that every at-risk student in the Anchor Bay School District has access to food over the weekend, so that they show up at school on Monday, well-nourished and ready to learn.

***The Village of East Harbor is participating in The Feed the Bay Backpack Program as a drop site for donations.***

If you would like to help, these are the items accepted :

- Easy Mac 'n' Cheese, Vienna Sausages
- Pop-top canned microwavable Chef Boyardee
- Pop-top canned chicken, tuna, fruit, or vegetable
- Individual oatmeal or cereal boxes
- Goldfish, animal crackers, snack packs, etc.
- Juice boxes

**Please drop off items in the food barrel found in the lobby.**

The **Feed the Bay Backpack Program** is a 100% volunteer-run, community-supported program. Just \$162 provides a student with food on the weekends for 32 weeks during the school year. All food and monetary donations are tax-deductible.

# MARCH CRAFT CLASSES

March 4– Card Making w/JoAnn  
2:30-Activity Room



March 7– Jewelry With Anita  
10:00-Activity Room



March 24- Make a Spring  
Door Hanger  
1:30-Activity Room



# EXCURSIONS.....

*Wednesday, March 2*

Mall Trip-Birchwood  
9:30am

*Wednesday, March 9*

Women's Lunch  
Penne Lane  
11:00am

*Friday, March 18*

Movie & Lunch  
Cleopatra's  
10:00am

*Tuesday, March 22*

Men's Lunch  
Green Street Tavern  
12:00pm

*Wednesday, March 23*

Meadowbrook Hall  
Calendar Girls  
12:30pm

*Wednesday, March 30*

Walmart  
9:30am

*Thursday, March 31*

Lorenzo Cultural Center/Lunch  
Rosie the Riveters and Their Stories  
9:30am

# FRIDAY AFTERNOON AT THE MOVIES



**Friday, March 25**

**2:45pm**

**Activity Room**





## Make an Easter Door Hanger

Tuesday, March 1 ~ Wednesday, March 2 ~ Thursday, March 3

Friday, March 11

1:30pm ~ Activity Room

This is a 4 day project, please try to attend all days!

### LEADER DOG

See what it takes to be a Leader Dog.

Wed. March 2

6:00pm

Activity Room



**WEAR YOUR ORANGE!**



To raise awareness and visibility of MS

**MULTIPLE SCLEROSIS**

**AWARENESS DAY**

**FRIDAY, MARCH 4**



### Seniors Staying Sharp—Part 2

Join Marcia Relyea in this fun interactive event on the aging brain. Learn to use all the latest tricks and strategies to maintain and improve the most important organ in the body, your brain.

Thursday, March 10

1:30pm Activity Room

### EASTER BONNET TEA PARTY

DECORATE AN EASTER BONNET  
WEDNESDAY, MARCH 16

1:30PM, AR

EASTER TEA PARTY  
TUESDAY, MARCH 22

1:30PM, AR



### COMPUTER CLASS

The perfect computer class for beginners! Attend a hands-on class to learn basic beginning computer skills. No previous experience is necessary. Participants will learn how to use a computer mouse, navigate the desktop, and explore basic keyboard functions. This class will be led by staff from the Chesterfield Township Library. This class is limited to 8 attendees (**please sign up in lobby**).



Tuesday, March 29th ,1:30pm, Activity Room

# NATIONAL WEAR RED DAY



Valentines Day Party



# The Bachelor Senior Style



# Make a Shamrock Door Hanger



## WELCOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family:

Janet Coe-407

Robert Follebout-410

Charles Grime- 201

Walter Krawczyk-50762 Kiely

Marie McKenna-118

Donna Moore-108

Catherine Wright- 50574 Kiely

Catherine Ward-201

## Alzheimer's Support Group

**Hosted by Pauline Zeig**  
**3rd Tuesday of every month**

**We've Moved**

**2:00pm**  
**Chapel**

**Great Lakes Legal will provide legal service by appointment only.**

**Please call**  
**Anita Wenzel, Lead Attorney**  
**(313) 937-8282**

# Directory

<b>Accounting</b>	
<i>Tracy Tesch</i>	716-7408
<b>Activity Lead A/L &amp; I/L</b>	
<i>Betsy Mianecki</i>	716-7143
<b>Admissions Specialist T.C.U</b>	
<i>Sue McCallum</i>	716-7427
<b>Assisted Living Nurse</b>	
<i>Denise Klimaszewski</i>	716-7115
<b>Beauty Salon</b>	
<i>Appointments</i>	716-7180
<b>Chaplain</b>	
<i>Mindy Raulston</i>	716-7438
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Dining Services Mgr.</b>	
<i>Nolan Poloney</i>	716-7419
<b>Director of Nursing</b>	
<i>Melissa Freiburger</i>	716-7416
<b>Driver</b>	
<i>Ann Marie Hart</i>	716-7142
<b>Fitness Specialist</b>	
<i>Chris Gorde/Lisa Sonnenberg</i>	716-7164
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Haven Hall Nurse</b>	
<i>Lynette Sanday</i>	716-7384
<b>Housekeeping / Laundry Mgr.</b>	
<i>Mary Breen</i>	716-7418
<b>Maintenance Mgr.</b>	
<i>Rod Brandt</i>	716-7417
<b>HCC Activity/Volunteer Mgr.</b>	
<i>Sheri Stover</i>	716-7021
<b>Physical Therapy Mgr.</b>	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
<b>Resident Care Mgr.</b>	
<i>Toni Greig</i>	716-7426
<b>Sales &amp; Leasing Mgr.</b>	
<i>Carolyn Martin</i>	716-7221
<b>Sales &amp; Leasing Specialist</b>	
<i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183



- 3/01 Virginia Visner
- 3/02 Thomas Fairman
- 3/04 Bernice Guga
- 3/04 Patricia Helmrich
- 3/07 Frances Masters
- 3/10 Dorothy Flosky
- 3/14 Marguerite Nolan
- 3/14 James Brigulio
- 3/15 Marceline Roche
- 3/17 Gladys Stolzenfeld
- 3/18 Glenn Nichols
- 3/21 Marie Beaulac
- 3/22 Viola Casey
- 3/27 Juanita Muller
- 3/29 Florence Pascoe
- 3/30 Donald Hubbert