



# Village Trumpet



Embrace the possibilities

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November 2022



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## Veterans Day Breakfast HONORING ALL OUR VETERAN HEROES

Thursday, November 10, 2022

8:30-10:00am | Marguerite's Restaurant



Veterans & Spouses: Eat Free

Non-Veterans: \$10 per person

Purchase Tickets at the Front Desk

Veterans RSVP by November 7

Please include your branch of service.



The Village of  
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



## HOLIDAY BAZAAR

FRIDAY, NOVEMBER 11 9 AM - 4 PM

SATURDAY, NOVEMBER 12 9 AM - 3 PM

THE VILLAGE OF EAST HARBOR

HARBOR INN-MIDRISE

FREE  
ADMISSION

GET A HEAD START ON YOUR HOLIDAY SHOPPING!



## FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



We are very excited to announce Candlelight Dinner will be returning Sunday, December 11<sup>th</sup>. For those who have never experienced the Candlelight dinner, dining services prepares a very special meal, outstanding entertainment and baskets that will be raffled off. David will donate a gift card basket and vendors who participate in the Holiday Bazaar donate items that Betsy and her staff will make up baskets for the raffle. The winners are drawn at Candlelight Dinner. Proceeds from this event benefit the resident association. Get your tickets early, this event will definitely be sold out.

Speaking of Holiday Bazaar, this year it will be held in the Harbor Inn Midrise. Favorite crafters like our own Linda Martin and her painted wood works will be back. New vendors, candy makers, jewelry, knits, and so much more. Two days of shopping right on campus. Get a jump start on Christmas Shopping.

New residents, all residents, we encourage you to come to the Resident Association monthly meeting held the second Tuesday of the month at 1:30pm. It is a great way to meet new friends, listen to staff reports, and ask questions. Have your voice heard and share your expertise by joining one of the committees; grounds committee, culinary committee, communications committee, and welcoming committee are a few to consider. Committee's always need new input.

The Holidays are fast approaching. If you wish to reserve a room for a party contact Betsy at 586-716-7143. We now have a new guest suite in the Harbor Inn building, to reserve, contact Beth at 586-873-2440. We anticipate there will be a lot of demand this holiday season.

Starting in January we will be offering Parkinson and Alzheimer's support groups. Check the December Trumpet for the date, time and location. If you need support during the Holidays please contact Chaplain Laura. The Holidays can be a time of joy but many may experience Seasonal Sadness. Don't suffer alone. Reach out if you find yourself struggling.

Our building is now lit up for the Holidays. We use LED lights which are energy efficient. Our Nativity scene will be on display as well. Ann Marie will be scheduling Holiday Light Tour. Don't miss out. It is always a fun adventure.

Our Village Team is Thankful for all of you. Wishing you and your loved ones a Happy Thanksgiving.

Carolyn





**The Village of East Harbor**  
**RESIDENT ASSOCIATION MONTHLY MEETING**

**Date: Tuesday, November 8**

**Location: MARGUERITE'S RESTAURANT**

**Time: 1:30pm**

**ALL Residents are members of the Resident Association  
and encouraged to attend**

Join us for a *MEET & GREET*

Refreshments will be served after the meeting

**JUST A REMINDER...Committee Meetings are open to ALL Residents!**

**Holiday Bazaar Committee**

**Tuesday, November 1 at 11:00am Marguerites.**

**Building & Grounds**

**Meets Tuesday, November 1 at 3:00pm in Marguerites.**

**Culinary Committee**

**Meets Wednesday, November 2 at 2:00pm Marguerites.**

**WELCOME HOME NEW RESIDENTS**

We welcome these new residents to our Village of East Harbor Family

Judy Blovits—50833 Esther's Way

Michael Canu—804 Harbor Inn

Joanne Gauerke—610 Barnett

David & Sharon Harrison—50862 Esther's Way

Joan Krueger—50821—Esther's Way

Sarah Mcninch—500 Capman

Joanne Mowery—50841 Esther's Way

Ruth Nichols—810 Harbor Inn

Mary Pacek—110 Kirk

Jeanne Payer—100 Kirk

## Village of East Harbor Resident Association Meeting Minutes 10/11/2022

Meeting Called to Order at 1:45pm by President Janet Lickman

Pledges to the American and Christian Flags

New resident/attendees: Nancy McClure, Lucia Marshall, Rosemary LaBelle, Sharon Frantz. Missed last month, Conchita Mendinueto

42 Attendees

Pat Mikle gave the financial report.

Administor Carolyn Martin: We are always looking for good help and publicity ideas from the residents. Contact Carolyn with thoughts. With the influx of new residents Carolyn is looking forward to meet and greet as many as possible. Questions were asked and answered about the campus grounds. Others remain and are in process.

Residents composed a letter to be sent to corporate offices in reference to hiring new employees to work on the grounds and homes on campus. This letter was sent around for residents to sign and will be forwarded to David Miller.

Fitness Chris: Chris gave a glowing report of our accomplishments at the victory cup. Award winners included Joan Rifenberg (3), Audrey Miller (2), Frank Gitre (1) and Nancy Streit (1) Overall, we came in 3rd. place. Congratulations to everyone who participated. A good time was had by all. Contact Chris to use the HydroWorkx.

Activities Betsy: Thanks to Marlene for taking care of the name tags. It is imperative that all residents read their Village Trumpet for activities and updates. Please check the binder located in the activities room, to sign up. Upcoming activities include the Holiday Bazaar on November 11 and 12 and the Sound of Music on December 8. The bridge lesson series will start Friday, October 14th thru November 25th from 10am til noon. It is imperative that you attend all of the sessions. If you have any need for transportation services, please give adequate time to make arrangements. The need for bus service is increasing as the campus population grows.

Chaplain Laura: Contact her office should you need transportation to any of the many services we offer. The Chaplains Corner in the Trumpet is an excellent resource for any activities. October is clergy appreciation month. She is hosting a luncheon for the local clergy. Let Laura know of any Clergy from your local church you would like to attend.

Bob Jones, a resident, spoke about the Culinary Committee. All residents are invited to this meeting on the first Wednesday of every month. It is very informative and will keep you up-to-date on all the new happenings in this area.

The welcoming committee is still working on the process for welcoming new residents. Elaine Walton is looking for residents who would like to start knitting classes

Joan Lehoczky reminded that there are cards in the MidRise at 6pm every Tuesday and game night one Saturday a month at 6:30pm.

Nancy Streit reminded everyone that there is memoir writing every Monday at 2:30pm

Joan Lehoczky reminded that there are cards in the MidRise at 6pm every Tuesday and game night one Saturday a month at 6:30pm.

Nancy Streit reminded everyone that there is memoir writing every Monday at 2:30pm in the activity room. Relive your great memories.

Pat Mikle reminded everyone of the potluck this Sunday the 16<sup>th</sup>. Happy half-hour at 4:30pm, dinner at 5pm. Come and bring your favorite dish. Please sign up in the activity binder.

Meeting adjourned at 2:50 pm

Respectively Submitted,

Sally Deschepper



## **RESIDENT POTLUCK**

**SUNDAY, NOVEMBER 13**

4:30PM-HAPPY HOUR ~ 5:00PM-DINNER ~ MARGUERITES RESTAURANT

COME OUT TO SEE YOUR NEIGHBORS AND MEET NEW FRIENDS

BRING A DISH TO PASS—SIGN UP IN BINDER IN THE ACTIVITY ROOM

For more information contact: Pat Mikle-248-933-1726

## **COVID VACCINE CLINIC**

**THURSDAY, NOVEMBER 3**

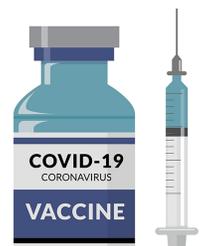
**10:00-11:00AM**

**CHAPEL**

IF YOU WOULD LIKE TO RECEIVE A VACCINE BOOSTER

PLEASE CALL KAROLINA JONES TO REGISTER AT

586-716-7124



PLEASE LET HER KNOW WHAT VACCINE YOU WOULD LIKE, MODERNA OR PFIZER.

BRING YOUR DRIVERS LICENSE AND INSURANCE CARD THE DAY OF THE VACCINE



*From The Desk Of Chaplain Laura...*

## **NOVEMBER**



### **A TIME OF GRATITUDE AND PRAISE**

PSALM 7:17- "I will give thanks to the LORD because of his righteousness; I will sing the praises of the name of the LORD Most High"

Thanksgiving is a time to give praise to our God and to give thanks for one another, to:

**Gather in unity** – People come together in celebration of a common purpose for reconciliation of differences, a time of healing, sharing our victories and our struggles.

**Prepare our hearts**- In gratitude, we reflect upon all the gifts in our lives like family, friends, and our health.

#### **The Original Meaning of Thanksgiving is to Give Praise to God**

In the Bible, the meaning of thanksgiving reflected adoration, sacrifice, praise, or an offering.

Thanksgiving is an expression of gratefulness to God as an act of worship. "These things I remember as I pour out my soul; how I used to go with the multitude, leading the procession to the house of God, with shouts of joy and thanksgiving among the festive throng" (Psalm 42:4). Long before the colonists celebrated their successes, Nehemiah assembled two great choirs to give thanks for God's faithfulness. The Levites were gathered from where they lived and were brought to Jerusalem to celebrate with songs of thanksgiving and music. (Nehemiah 12:27).

The true meaning of Thanksgiving focuses upon relationship. One between God and man.

Upon their arrival at New Plymouth, the Pilgrims composed The Mayflower Compact, honoring God. Thanksgiving begins with acknowledging God as faithful, and giving Him thanks, in advance, for His abundant blessings. "In everything, by prayer and petition, with thanksgiving, present your requests to God" (Philippians 4:6). Thanksgiving is an attitude of the heart that reinforces a personal relationship with God.

November 10th at 8:30 am we will celebrate our **Military Veterans** with a breakfast buffet. \$10 per person; Veterans and their spouses are free. Buy tickets and sign up at front desk.

**You must sign up whether you are a Veteran or purchasing a breakfast ticket.**

I am hosting a **Clergy Appreciation luncheon** on Wed. Nov 16 at noon. If you are or were a Pastor or Priest, please sign up so we may prepare appropriately.

If there is anything you need or if you would even like a visit, feel free to call (586) 424-5674

*In His Service,*

*Chaplain Laura Stone*

# Health and Wellness

The Village Victory Cup was Friday, October 7th and our Village of East Harbor PIRATES took the Bronze Medal overall!



## 2022 VVC MEDAL WINNERS

### WELLNESS WALK

Jack David-Silver Medal,  
Joan Rifenberg-Bronze Medal



### PUZZLER

Linda Aderman, Beverly Graham, Steven Huber, Kathy Micheli,  
Joan Rifenberg-Bronze Medal



### HOOP SHOOT

Jack David -Gold Medal,  
Char Gitre Silver Medal,  
Joan Rifenberg, Nancy Streit-Bronze Medal



### KICK-A-ROO

Audrey Miller-Gold Medal



### BALLOON VOLLEYBALL

Linda Aderman, Frank Gitre,  
Steven Huber,  
Joan Lehoczky, Audrey Miller-  
Bronze Medal



Great job to ALL of our  
East Harbor Pirates!  
Look for Balloon Volleyball  
and other Victory Cup  
games on the upcoming  
calendars!



# Memoir Writing Made Easy

EVERYONE HAS A STORY TO TELL!!

This group meets once a week to share stories and practice writing.  
You don't have to be a good writer to share your memories.

Paper and pencil will be supplied.

**Mondays 2:30pm Activity Room**

## Crossword Puzzle



**MONDAY'S~1:30PM**  
**Activity Room**



**Tuesday's -9:30am -Activity Room**



## KARAOKE

Tuesday, November 1  
Tuesday, November 22  
2:30pm-Activity Room



## THANKSGIVING CRAFT

Thursday, November 3  
1:30pm- Activity Room



Do you like to Bowl?  
Try your hand at  
Wii Bowling,  
it's Easy & Fun!

Tuesday, Nov. 15 & Tuesday, Nov.29  
Activity Room - 2:30pm



Bridge Lesson Series

Dates: Fridays, Nov 4, Nov 18 & Nov 25  
10:00am-12:00pm  
Harbor Inn Community Room

## The Parade Company Studio Tour & Lunch at Buddy's

Monday, Nov. 7  
10:30am-Lobby  
\$11.00 pay at door



**Shoreliner**  
**Thanksgiving Feast**  
**Wednesday, November 16**  
**Sign up by November 4**  
**11:00am**  
**\$8.00 pay at door**



**Movie & Popcorn**  
**Saturday, November 5**  
**Movie to be announced**  
**1:30pm—Activity Room**

## Happy Hour & Balloon Volleyball

**Friday's in November**  
**1:30pm—Activity Room**



## Shopping in November

- ◆ Monday, November 14-10:00am—TJ Maxx
- ◆ Tuesday, November 22-1:00pm—Macy's
- ◆ Monday, November 28-10:00am—Kohl's

- ◆ Shopping ONLY!
- ◆ No Lunch.
- ◆ Be sure to sign up in the book.



# TRANSPORTATION SERVICES

The Village offers transportation services for all scheduled trips and outside appointments between 8:00am-4:00pm by appointment only.

PRIOR TO MAKING APPOINTMENTS PLEASE CONTACT ANN MARIE FOR AVAILABILITY, THIS WILL AVOID UNNECESSARY CANCELING OF APPOINTMENT.



Transportation services outside of the chesterfield area are subject to a fee.

**YOU MUST SIGN UP FOR ALL TRIPS AND SHOPPING IN THE  
BINDER IN THE ACTIVITY ROOM  
OR CALL ANN MARIE: 586-716-7142**



**IF YOU HAVE NOT SIGNED UP PRIOR TO A TRIP YOU WILL NOT BE ALLOWED ON THE BUS!**

**Space is limited!**

**BEFORE GOING ON ANY TRIPS YOU MUST EMPTY YOUR WALKER!  
WE WILL NOT LOAD WALKERS THAT ARE FULL.**

**IF YOU ARE IN NEED OF TRANSPORTATION TO ANY ACTIVITIES  
PLEASE CALL ANN MARIE TO ARRANGE FOR A PICK-UP.**

**If you need transportation beyond our area or before or after hours,  
Please call Ann Marie and she can give you information on other options for  
transportation.**



# The Doris's

## Trolley Ride & Lunch at The Raven



## Frankenmuth & Bronners



## Birthday Dinner Oktober Fest



# EXCURSIONS

Monday, November 7

*Parade Co*  
*Lunch at Buddy's*  
10:30am  
Tour-\$11.00 pay at door  
Lunch \$\$\$ on your own

Monday, November 14

*TJ Maxx*  
10:00am  
\$\$\$ On your own

Tuesday, November 15

*Hamilton*  
*Dinner*  
4:00pm  
Dinner \$\$\$ on your own

Wednesday, November 16

*Shoreliner*  
11:00am  
\$8.00

Tuesday, November 22

*Macy's*  
1:00pm  
\$\$\$ On your own

Tuesday, November 29

*Men's Lunch*  
11:30am  
\$\$\$ On your own

Wednesday, November 30

*Women's Lunch*  
11:30am  
\$\$\$ On your own

# Upcoming Excursions

Friday, December 9

*The Sound of Music*  
7:30pm show starts  
\$30.00  
Money due October 3  
Tickets are limited

Wednesday, December 21

*Les Miserables*  
1:00pm show starts  
\$65.00  
Fisher Theatre  
Money due November 14

Thursday, February 2

*Beetlejuice*  
8:00pm show starts  
\$65.00  
Opera House  
Money due January 3



## PODIATRIST

Kristi Schons

Phone: 248-568-8692

For Appointments

All podiatry appointments should be made directly to the number listed above.

**FOOD VOUCHER CARDS  
NOW AVAILABLE  
MAY BE USED IN BISTRO,  
CAFÉ AND ALL DINING  
SERVICES ORDERS**

**PLEASE SEE SALLY RETTELL IF  
YOU WOULD LIKE TO  
PURCHASE ONE**

# Directory

<b>Accounting</b> <i>Tracy Tesch</i>	716-7408
<b>Activity Lead A/L &amp; I/L</b> <i>Betsy Mianecki</i>	716-7143
<b>Administrator</b> <i>Carolyn Martin</i>	716-7221
<b>Beauty Salon</b> <i>Appointments</i>	716-7180
<b>Chaplain</b> <i>Laura Stone</i>	716-7438
<b>Community Liason</b> <i>Sue McCallum</i>	907-3709
<b>Dining Services Mgr.</b> <i>Hisam Chowdury</i>	716-7419
<b>Director of Nursing</b> <i>Jeff Robinson</i>	716-7416
<b>Driver</b> <i>Ann Marie Hart</i>	716-7142
<b>Executive Director</b> <i>David Miller</i>	716-7410
<b>Fitness Specialist</b> <i>Chris Gorde</i>	716-7385
<b>Front Desk</b> <i>Receptionist</i>	725-6030
<b>Harbor Inn-Admin. Asst.</b> <i>Beth Humble</i>	586-273-2440
<b>Harbor Inn Manager</b> <i>Wenona Breazeale</i>	586-273-2559
<b>Housekeeping / Laundry Mgr.</b> <i>Teri Lynn Taylor</i>	716-7418
<b>Maintenance Work Request</b> <i>Front Desk</i>	725-6030
<b>Maintenance</b> <i>Emergencies After 11:00pm</i>	248-996-2470
<b>Physical Therapy Mgr.</b> <i>Kim Frabotta, Agility Therapy</i>	716-7398
<b>Rehab Admissions</b> <i>Jen Moreno</i>	716-7427
<i>Darcy Stalker</i>	716-7183
<b>Resident Care Mgr.</b> <i>Toni Greig</i>	716-7426
<b>Sales &amp; Leasing Specialist</b> <i>Liz Eland</i>	716-7223
<i>Peggy Carroll</i>	716-7397
<i>Kathy Moore</i>	716-7183



- 11/04 Jane Mize
- 11/02 Lorina Hagan
- 11/09 Angeline Capaldi
- 11/10 Diane Gamble
- 11/13 Jean Ciaramitaro
- 11/13 Carol Linsemier
- 11/19 Betty Cirello
- 11/19 Joseph Noce
- 11/21 David Carey
- 11/23 Linda Palicke
- 11/27 Audrey Miller
- 11/30 Ken Fowler

# Annual Candlelight Dinner

Sponsored by The PVM Foundation and  
The Village of East Harbor

**Sunday, December 11, 2022**

*Doors open: 4:30pm*

*Cocktails: 5:00pm*

*Dinner: 5:30pm*

*Reserve your seat-Front Desk*

*\$10.00 per person*

*100% of proceeds to benefit the Village of East Harbor Resident Association*



Purchase  
Tickets  
At the  
Front  
Desk

## Menu

Creamy Toasted Tomato Soup  
Michigan Cherry Salad

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Prime Rib

Garlic & Cheese Fingerling Potatoes  
Roasted Asparagus with Cherry Tomatoes

---

Honey Glazed Chicken Quarter

Rice Pilaf

Todd's Vegetable Mix

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Vegetarian Option

Spinach & Ricotta Gnocchi

---

Apple Cobbler with Vanilla Bean Ice Cream



Like us on  
facebook 

## **Calling ALL Euchre/Card players**



**Play cards with your neighbors**

**Tuesday's 6:30pm**

**Community Room**

**Questions call: Betsy 586-716-7143**



## **LET THE GOOD TIMES ROLL**

**Never played? We'll teach you!!**

**Need a refresher? We'll help you!!**

**Seasoned player? Come and join the fun!!**

**Saturday, November 19**

**2:00pm**

**Midrise community Room**

**g a m e**  
**n i g h t**

**Saturday, November 26**  
**6:30-?**  
**Midrise Community Room**

The banner features a background of various board game pieces including dice, dominoes, and wooden blocks. The text "g a m e" and "n i g h t" is written on wooden blocks. Below the blocks, the event details are listed in bold black text.