



# MARCH 2024

| Sunday                                                                                                                                                                     | Monday                                                                                                                                                                                                                                                                                                        | Tuesday                                                                                                                                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                                                                                                                          | Thursday                                                                                                                                                                                                                                                                                                                                    | Friday                                                                                                                                                                                                                                                                                                                                                                                      | Saturday                                                                                                                      |
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| <b>3</b><br>11:00 Chapel Service (CH)<br>3:00 Cards & Games (HI)<br>6:00 Games (AR)                                                                                        | <b>4</b><br>9:00 Cardio Ex. (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Cardio (AR)<br>1:30 Teaching Kitchen (AR)<br>2:30 Beanbag&Puzzler (AR)<br>2:30 Religions Study (CH)<br>3:30 Cards (AR)<br>6:00 Dominoes/Cards (HI)                                                                                       | <b>5</b><br>9:00 Kroger (LB)<br>9:00 Balance Ex. (HWC)<br>9:30 Sing-a-long (AR)<br>10:45 Catholic Service (CH)<br>11:15 Hoop Shoot & Beanbag (AR)<br>1:30 Bingo (AR)<br>2:00 Table Topics & Tea (HI)<br>2:30 Scripture Study (CH)<br>3:00 Dominoes (AR)<br>3:00 Bldg & Grnd Mtg (KH)<br>6:00 Euchre/Pinochle (AR)<br>6:00 Games (HI) | <b>6</b><br>9:00 Stretch & Relax (HWC)<br>9:30 Donut Bingo (AR)<br>10:30 Seated Stretch (AR)<br>1:30 Skip-Bo (AR)<br>1:30 Hand & Foot (AR)<br>2:00 Wellness Walk & Balloon Volleyball (AR)<br>2:30 Movie (HI)<br>2:30 Bible Trivia/Games (CH)<br>3:00 Culinary Comm (KH)<br>6:00 Bridge/Cards (AR) | <b>7</b><br>9:00 Dance Fitness (HWC)<br>10:00 Men's Coffee (AR)<br>11:00 IC Potluck/Bingo (LB)<br>11:00 Rosary (CH)<br>11:00 Puzzler (AR)<br>11:30 Drumming Ex. (AR)<br>1:00 Easter Craft (AR)<br>2:00 Knit/Crochet (HI)<br>2:30 Bingo w/ Interim (HI)<br>3:00 Talent Show Mtg (AR)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinochle (AR) | <b>8</b><br>9:00 Strength Ex. (HWC)<br>9:00 Women's Coffee & Manicures (AR)<br>9:00 DSO (LB)<br>10:00 Bridge Class (KH)<br>10:45 Stations of Cross (CH)<br>10:45 Confessions (CH)<br>11:30 Seated Strength (AR)<br>1:30 Hoop Shoot & Balloon Volleyball (AR)<br>6:00 Games (AR)<br>6:00 Games (HI)<br> | <b>9</b><br>9:30 Bingo (AR)<br>1:15 AL Movie (AR)<br>1:30 IL Movie (CM)<br><i>Chosen</i><br>6:30 Game Night (AR)              |
| <b>10</b><br>11:00 Chapel Service (CH)<br>3:00 Cards & Games (HI)<br>6:00 Games (AR)<br> | <b>11</b><br>9:00 Cardio Ex. (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Cardio (AR)<br>1:30 Memoir Writing (AR)<br>2:30 Beanbag&Puzzler (AR)<br>2:30 Religions Study (CH)<br>3:30 Cards (AR)<br>6:00 Dominoes/Cards (HI)<br> | <b>12</b><br>9:00 Kroger (LB)<br>9:00 Balance Ex. (HWC)<br>9:30 Sing-a-long (AR)<br>10:45 Catholic Service (CH)<br>11:15 Hoop Shoot & Beanbag (AR)<br>1:30 Resident Assoc (AR)<br>6:00 Euchre/Pinochle (AR)<br>6:00 Games (HI)                                                                                                       | <b>13</b><br>9:00 Stretch & Relax (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Stretch (AR)<br>10:30 Father Solanus (LB)<br>1:30 Skip-Bo (AR)<br>1:30 Hand & Foot (AR)<br>2:00 Wellness Walk & Balloon Volleyball (AR)<br>2:30 Coin Cross Craft (CH)<br>2:30 Movie (HI)<br>6:00 Bridge/Cards (AR)      | <b>14</b><br>9:00 Dance Fitness (HWC)<br>10:00 Men's Coffee (AR)<br>11:00 Rosary (CH)<br>11:00 Puzzler (AR)<br>11:30 Drumming Ex. (AR)<br>2:00 Knit/Crochet (HI)<br>2:30 Bingo w/ Interim (HI)<br>4:00 Harbor Lights (CH)<br>4:00 Parkinson's Support Group (CH)<br>5:00 St. Pat's Party (MR)<br>6:00 Euchre/Pinochle (KH)                  | <b>15</b><br>9:00 Strength Ex. (HWC)<br>9:00 Women's Coffee & Manicures (AR)<br>10:00 Bridge Class (KH)<br>10:45 Stations of Cross (CH)<br>11:30 Seated Strength (AR)<br>1:30 Bunco St. Pat's (AR)<br>6:00 Games (AR)<br>6:00 Games (HI)<br>                                                           | <b>16</b><br>9:30 Bingo (AR)<br>1:30 IL Movie (CM)<br><i>Journey to Bethlehem</i><br>6:00 Cards (AR)<br>6:00 Games (HI)       |



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| Sunday                                                                                                                                                                                                                                                                                                 | Monday                                                                                                                                                                                                                                                                                                                                | Tuesday                                                                                                                                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                                                                                                                                                                               | Thursday                                                                                                                                                                                                                                                                                                                                     | Friday                                                                                                                                                                                                                                                                                         | Saturday                                                                                                                                                                                                                 |
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| <b>17</b><br><b>St. Patrick's Day</b><br><br>11:00 Chapel Service (CH)<br>4:30 Resident Pot Luck (AR)<br><br>3:00 Cards & Games (HI) | <b>18</b><br>9:00 Cardio Ex. (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Cardio (AR)<br>1:30 Show & Tell (AR)<br>2:30 Beanbag&Puzzler(AR)<br>2:30 Religions Study (CH)<br>3:30 Cards (AR)<br>6:00 Dominoes/Cards (HI)<br>                               | <b>19</b><br>9:00 Kroger (LB)<br>9:00 Balance Ex. (HWC)<br>9:30 Sing-a-long (AR)<br>10:45 Catholic Service (CH)<br>11:15 Hoop Shoot & Beanbag (AR)<br>11:30 Men's Lunch (LB)<br>1:30 Bingo (AR)<br>2:00 Table Topics & tea (HI)<br>2:30 Scripture Study (CH)<br>3:00 Dominoes (AR)<br>6:00 Euchre/Pinochle (AR)<br>6:00 Games (HI) | <b>20</b><br>9:00 Stretch & Relax (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Stretch (AR)<br>11:00 Women's Lunch (LB)<br>1:00 Downsize zoom (AR)<br>2:00 Wellness Walk & Balloon Volleyball (AR)<br>2:30 Movie (HI)<br>2:30 BibleTrivia/Games (CH)<br>3:30 Book Group (AR)<br>6:00 Bridge/Cards (AR)                                                                      | <b>21</b><br>9:00 Dance Fitness (HWC)<br>10:00 Men's Coffee (AR)<br>11:00 Rosary (CH)<br>11:00 Puzzler (AR)<br>12:00 Birthday Dinner (MR)<br>1:30 Entertainment (CH)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinochle (AR)                                                                                                                 | <b>22</b><br>9:00 Strength Ex. (HWC)<br>9:00 Women's Coffee & Manicures (AR)<br>10:00 Bridge Class (AR)<br>10:45 Stations of Cross (CH)<br>11:30 Seated Strength (AR)<br>1:30 Hoop Shoot & Balloon Volleyball (AR)<br>3:30 I.C. Fish Fry (LB)<br>6:00 Games (AR)<br>6:00 Games (HI)            | <b>23</b><br>9:30 Bingo (AR)<br>1:15 AL Movie (AR)<br>1:30 IL Movie (CM)<br><i>Forgiven</i><br>6:00 Cards (AR)<br>6:00 Games (HI)<br> |
| <b>24</b><br>11:00 Chapel Service (CH)<br>3:00 Cards & Games (HI)<br>6:00 Games (AR)<br>                                                                                                                             | <b>25</b><br>9:00 Cardio Ex. (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Cardio (AR)<br>1:30 Candy Making (AR)<br>1:30 Memoir Writing (AR)<br>2:30 Beanbag&Puzzler(AR)<br>2:30 Religions Study (CH)<br>3:30 Cards (AR)<br>6:00 Quarter Bingo (AR)<br> | <b>26</b><br>9:00 Walmart (LB)<br>9:00 Balance Ex. (HWC)<br>9:30 Sing-a-long (AR)<br>10:45 Catholic Service (CH)<br>11:15 Hoop Shoot & Beanbag (AR)<br>1:30 Bingo (AR)<br>2:00 Table Topics & tea (HI)<br>2:30 Scripture Study (CH)<br>3:00 Dominoes (AR)<br>6:00 Euchre/Pinochle (AR)<br>6:00 Games (HI)                          | <b>27</b><br><b>8:30-10 Waffle Wed (CH)</b><br>9:00 Stretch & Relax (HWC)<br>9:30 Donut Bingo (AR)<br>10:30 Seated Stretch (AR)<br>1:30 Hand & Foot (AR)<br>1:30 Skip-Bo (AR)<br>1:30 Women's Manicures(AR)<br>2:00 Wellness Walk & Balloon Volleyball (AR)<br>2:30 Movie (HI)<br>2:30 BibleTrivia/Games (CH)<br>3:30 Alzheimer's Support(CH)<br>6:00 Bridge/Cards (AR) | <b>28</b><br>9:00 Dance Fitness (HWC)<br>10:00 Men's Coffee (AR)<br>10:30 Egg Coloring (AR)<br>11:00 Rosary (CH)<br>11:00 Puzzler (AR)<br>11:30 Drumming Ex. (A)<br>1:30 Brain Fitness (AR)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinochle (AR)<br> | <b>29</b><br><b>Good Friday</b><br>9:00 Strength Ex. (HWC)<br>9:00 Women's Coffee (AR)<br>10:00 Bridge Class (AR)<br>11:30 Seated Strength (AR)<br>1:30 Hoop Shoot & Balloon Volleyball (AR)<br>6:00 Games (AR)<br>6:00 Games (HI)                                                             | <b>30</b><br>9:30 Bingo (AR)<br>1:30 Emote Dancers (CH)<br>6:00 Cards (AR)<br>6:00 Games (HI)<br>                                   |
| <b>31</b><br>11:00 Easter Service (CH)<br><br><i>He is Risen</i><br>3:00 Cards & Games (HI)<br>6:00 Games (AR)                                                                                                      |                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                              | <div><b>KEY</b><br/>AR-Activity Room<br/>CH-Chapel<br/>CM-Capman<br/>FC-Fitness Center<br/>HI-Harbor Inn Midrise Community Room<br/>HWC-Health &amp; Wellness Center<br/>KH-Kirk Hall<br/>LB-Lobby<br/>MR-Marguerite's Restaurant</div> <div><b>ALL ACTIVITIES ARE SUBJECT TO CHANGE</b></div> |                                                                                                                                                                                                                          |