



# DECEMBER 2023

| Sunday                                                                                                                                                             | Monday                                                                                                                                                                                                                                                                                                                               | Tuesday                                                                                                                                                                                                                                                                                                                                                         | Wednesday                                                                                                                                                                                                                                                                                                                                                                                     | Thursday                                                                                                                                                                                                                                                                                                                                                       | Friday                                                                                                                                                                                                                                                                                                                                 | Saturday                                                                                                                                                                                  |
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| <b>3</b><br>11:00 Chapel Service (CH)<br> Candlelight Dinner<br>Doors open 4:30pm | <b>4</b><br>9:00 Cardio Ex. (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Cardio (AR)<br>1:30 Crossword (AR)<br>1:30 Cardio/Coordin (HWC)<br>1:30 Bible Trivia/Games (HI)<br>2:30 Memoir Writing (AR)<br>2:30 Bible Study (CH)<br>3:30 Cards (AR)<br>6:00 Dominoes/Cards (HI)<br>6:30 Interfaith Choir (CH)                               | <b>5</b><br>9:00 Kroger (LB)<br>9:00 Exercise on own HWC<br>9:30 Coffee & Converse (AR)<br>10:45 Catholic Mass (CH)<br>11:30 Circuit on own (FC)<br>2:30 Table Topics & Tea (HI)<br>2:30 Scripture Study (CH)<br>3:00 Bldg & Grnd Mtg (MR)<br>6:00 Euchre/Pinochle (AR)<br> | <b>6</b><br><b>Blood Drive-Marguerite's 10-4pm</b><br>9:00 Stretch & Relax (HWC)<br>9:30 Donut Bingo (AR)<br>9:30 Shopping Waterside (LB)<br>10:30 Seated Stretch (AR)<br>1:30 Yahtzee (AR)<br>1:30 Hand & Foot (AR)<br>1:30 Tai Chi (HWC)<br>2:30 Pickleball (HWC)<br>2:30 Movie & Popcorn (HI)<br>2:30 Bible Trivia/Games (CH)<br>3:00 Culinary Comm (AR)<br>6:00 Bridge/Cards (AR)         | <b>7</b><br><b>1</b> Wear a X-mas hat<br>9:00 Dance Fitness (HWC)<br>9:30 Men's Coffee (AR)<br>9:30 Women's Coffee & Manicures (HI)<br>11:00 IC Bingo/potluck (LB)<br>11:00 Rosary (CH)<br>11:30 Drumming Ex. (AR)<br>1:30 Strength/Bal. (HWC)<br>1:30 Christmas Wreath (AR)<br>2:00 Knit/Crochet (HI)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinochle (HI) | <b>8</b><br><b>2</b> Gift Raffle<br>9:00 Strength Ex. (HWC)<br>9:00 DSO (LB)<br>9:30 Women's Coffee (AR)<br>10:00 Bridge Class (MR)<br>10:30 Seated Strength (AR)<br>1:30 Northbrook Student (AR)<br>3:00 Bunco Party (AR)<br>6:30 Games (HI)<br> | <b>9</b><br>9:30 Bingo (AR)<br>1:00 IL Movie (CM)<br>1:30 AL Movie (AR)<br>6:00 Cards (AR)<br><br><b>SATURDAY MATINEE</b>                                                                 |
| <b>10</b><br>11:00 Chapel Service (CH)<br>6:00 Games (AR)                                                                                                          | <b>11</b><br><b>3</b> Share a X-mas memory<br>9:00 Cardio Ex. (HWC)<br>9:30 Bingo (AR)<br>10:00 Women's Lunch (LB)<br>10:30 Seated Cardio (AR)<br>1:30 Word Games (AR)<br>1:30 Cardio/Coordin (HWC)<br>1:30 Bible Trivia/Games (HI)<br>2:30 Show & Tell (AR)<br>2:30 Bible Study (CH)<br>3:30 Cards (AR)<br>6:00 Dominoes/Cards (HI) | <b>12</b><br><b>4</b> X-mas Cookie Day<br>9:00 Kroger (LB)<br>9:00 Balance Ex. (HWC)<br>9:45 Carlenord Student (AR)<br>10:45 Catholic Mass (CH)<br>11:30 Cardio/Strength (FC)<br>1:30 Resident Assoc (MR)<br>6:00 Euchre/Pinochle (AR)                                                                                                                          | <b>13</b><br><b>5</b> Lottery Ticket Bingo<br>9:00 Stretch & Relax (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Stretch (AR)<br>11:00 Shoreliner (LB)<br>11:00 X-mas Craft (CH)<br>1:30 Hand & Foot (AR)<br>1:30 Tai Chi (HWC)<br>2:30 Pickleball (HWC)<br>2:30 Movie & Popcorn (HI)<br>2:30 Bible Trivia/Games (CH)<br>3:30 Book Group (AR)<br>6:00 Bridge/Cards (AR)<br>6:30 White Concert (CH) | <b>14</b><br><b>6</b> Christmas Outfit Day<br>9:00 Dance Fitness (HWC)<br>9:30 Men's Coffee (AR)<br>9:30 Genitti's (LB)<br>11:00 Rosary (CH)<br>11:30 Drumming Ex. (AR)<br>1:30 Strength/Bal (HWC)<br>2:00 Knit & Crochet (HI)<br>4:00 Harbor Lights (CH)<br>4:00 Parkinson's Support Group (CM)<br>6:00 Euchre/Pinochle (AR)<br>6:30 Piano Recital (CH)       | <b>15</b><br><b>7</b> Cupcake Day<br>9:00 Strength Ex. (HWC)<br>9:30 Women's Coffee & Manicures (AR)<br>9:40 Ashley students (AR)<br>10:00 Bridge Class (MR)<br>10:30 Seated Strength (AR)<br>1:30 Irma's Birthday (MR)<br>5:00 Dinner Special (MR)<br>6:30 Games (HI)                                                                 | <b>16</b><br>9:30 Bingo (AR)<br>1:00 IL Movie (CM)<br>1:30 AL Movie (AR)<br>6:30 Game Night (AR)<br> |

**DECEMBER 2023**

| Sunday                                                                                                                                                                                                            | Monday                                                                                                                                                                                                                                                                                                                                                                                                                          | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Thursday                                                                                                                                                                                                                                                                                                                                              | Friday                                                                                                                                                                                                                                                                                                                                   | Saturday                                                                                                                                                                                                                      |
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| <div>17</div> <div>11:00 Chapel Service (CH)</div> <div>4:30 Resident Pot Luck (RT)</div> <div></div> <div>6:00 Games (AR)</div> | <div>18</div> <div>8 Gift Raffle</div> <div>9:00 Cardio Ex. (HWC)</div> <div>9:30 Bingo (AR)</div> <div>10:30 Seated Cardio (AR)</div> <div>1:30 Words in Words (AR)</div> <div>1:30 Holiday Pretzels (HI )</div> <div>1:30 Cardio/Coordin(HWC)</div> <div>2:30 Memoir Writing (AR)</div> <div>2:30 Bible Study (CH)</div> <div>3:30 Cards (AR)</div> <div>6:00 Dominoes/Cards (HI)</div> <div>7:00 MotorCityChorale (CH)</div> | <div>19</div> <div>9 Hot Cocoa Bingo</div> <div>9:00 Kroger (LB)</div> <div>9:00 Balance Ex. (HWC)</div> <div>9:30 Coffee&amp;Converse(AR)</div> <div>10:45 Catholic Service (CH)</div> <div>11:30 Cardio/Strength (FC)</div> <div>11:30 Men's Lunch (LB)</div> <div>1:30 Bingo (AR)</div> <div>2:30 X-mas art (AR)</div> <div>2:30 Scripture Study (CH)</div> <div>6:00 Euchre/Pinochle (AR)</div> <div></div> | <div>20</div> <div>10 Popcorn Day</div> <div>9:00 Stretch &amp; Relax (HWC)</div> <div>9:00 Thrift Store (LB)</div> <div>9:30 Christmas Bingo (AR)</div> <div>10:30 Seated Stretch (AR)</div> <div>1:00 Holiday Pretzels (AR)</div> <div>1:30 Hand &amp; Foot (RT)</div> <div>1:30 Yahtzee (AR)</div> <div>1:30 Tai Chi (HWC)</div> <div>2:30 Pickleball (HWC)</div> <div>2:30 Movie &amp; Popcorn (HI)</div> <div>2:30 BibleTrivia/Games (CH)</div> <div>6:00 Quarter Bingo (AR)</div>                                   | <div>21</div> <div>11 Candy Cane Punch</div> <div>9:00 Dance Fitness (HWC)</div> <div>9:30 Men's Coffee (AR)</div> <div>9:30 Women's Coffee &amp; Manicures (HI)</div> <div>11:00 Rosary (CH)</div> <div>12:00 Birthday Dinner (MR)</div> <div>1:30 Bday Entertain (CH)</div> <div>4:00 Harbor Lights (CH)</div> <div>6:00 Euchre/Pinochle (AR)</div> | <div>22</div> <div>12 X-mas Sweater contest</div> <div>9:00 Strength Ex. (HWC)</div> <div>9:30 Women's Coffee &amp; Manicures (AR)</div> <div>10:00 Bridge Class (MR)</div> <div>10:30 Seated Strength (AR)</div> <div>2:00 Christmas Cheer with Bobby (AR)</div> <div>5:00 Dinner Special (MR)</div> <div>6:30 Games (HI)</div>         | <div>23</div> <div>9:30 Bingo (AR)</div> <div>1:00 IL Movie (CM)</div> <div>1:30 AL Movie(AR)</div> <div>6:00 Cards (AR)</div> <div></div> |
| <div>24</div> <div>11:00 ChristmasEve Service (CH)</div> <div>6:00 Games (AR)</div>                                                                                                                               | <div>25</div> <div></div>                                                                                                                                                                                                                                                                                                                     | <div>26</div> <div>9:00 Walmart (LB)</div> <div>9:00 Exercise on own HWC</div> <div>9:30 Coffee&amp;Converse(AR)</div> <div>9:30 Table Topics &amp; tea (HI)</div> <div>10:45 Catholic Service (CH)</div> <div>11:30 Circuit on own (FC)</div> <div>1:30 Bingo (AR)</div> <div>2:30 Scripture Study (CH)</div> <div>6:00 Euchre/Pinochle (AR)</div>                                                                                                                                                | <div>27</div> <div>9:00 Stretch &amp; Relax (HWC)</div> <div>9:30 Donut Bingo (AR)</div> <div>10:30 Seated Stretch (AR)</div> <div>1:30 Hand &amp; Foot (RT)</div> <div>1:30 Yahtzee (AR)</div> <div>1:30 Tai Chi (HWC)</div> <div>2:30 Pickleball (HWC)</div> <div>2:30 Movie &amp; Popcorn (HI)</div> <div>2:30 BibleTrivia/Games (CH)</div> <div>3:30 Alzheimer's Support(CH)</div> <div>6:00 Bridge/Cards (AR)</div> <div></div> | <div>28</div> <div>9:00 Dance Fitness (HWC)</div> <div>9:30 Men's Coffee (AR)</div> <div>9:30 Women's Coffee &amp; Manicures (HI)</div> <div>11:00 Rosary (CH)</div> <div>11:30 Drumming Ex. (AR)</div> <div>2:00 Knit/Crochet (HI)</div> <div>4:00 Harbor Lights (CH)</div> <div>6:00 Euchre/Pinochle (AR)</div>                                     | <div>29</div> <div>9:00 Strength Ex. (HWC)</div> <div>9:30 Women's Coffee &amp; Manicures (AR)</div> <div>10:00 Bridge Class (MR)</div> <div>10:30 Seated Strength (AR)</div> <div>1:00 NYE Party (AR)</div> <div>6:30 Games (HI)</div> <div></div> | <div>30</div> <div>9:30 Bingo (AR)</div> <div>1:00 IL Movie (CM)</div> <div>1:30 AL Movie(AR)</div> <div>6:00 Cards (AR)</div>                                                                                                |
| <div>31</div> <div>11:00 Chapel Service (CH)</div> <div>6:00 Games (AR)</div> <div></div>                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <div>KEY</div> <div>AR-Activity Room</div> <div>CH-Chapel</div> <div>CM-Capman</div> <div>FC-Fitness Center</div> <div>HI-Harbor Inn Midrise Community Room</div> <div>HWC-Health &amp; Wellness Center</div> <div>LB-Lobby</div> <div>MR-Marguerite's Restaurant</div> <div>ALL ACTIVITIES ARE SUBJECT TO CHANGE</div>                               |                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                               |