



May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Strength & Bal (HWC) 1:30 Words in Words (AR) 2:30 Memoir Writing (AR) 2:30 Inspirational Reading (CH) 3:30 Cards (AR) 6:00 Games (HI)	2 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:30 Coffee&Coloring(AR) 10:00 Bid Euchre (HI) 10:45 Catholic Service(CH) 11:30 Strength Circuit (FC) 1:30 Bingo (AR) 2:30 Scripture Study (CH) 2:30 Monopoly/Game (AR) 3:00 Bldg & Grnd Mtg (KH) 6:00 Euchre/Pinochle (HI)	3 9:00 Stretch & Relax (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:00 Candy making (AR) 1:30 Hand & Foot (RT) 1:30 Tai Chi (HWC) 2:30 BibleTrivia/Games (AR) 3:00 Culinary Comm (RT) 6:00 Bridge/Cards (AR)	4 National Day of Prayer 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 10:30 Spring Craft (AR) 11:00 Rosary (CH) 1:30 Staff/Resident Baseball Game (LB) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 	5 9:00 Strength Ex. (HWC) 9:00 DSO Concert (LB) 9:30 Women's Coffee & Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 1:30 Cinco de Mayo Party (AR)	6 9:30 Bingo (AR) 1:00 Movie & Popcorn(CM) 
7 11:00 Chapel Service (CH) 2:00 Scripture Study (CH)	8 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Strength & Bal (HWC) 2:30 Memoir Writing (AR) 2:30 Inspirational Reading (CH) 3:30 Cards (AR) 	9 Banana Split Day 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:30 Coffee&Coloring(AR) 10:00 Bid Euchre (HI) 10:45 Catholic Mass (CH) 11:30 Strength Circuit (FC) 1:30 Resident Assoc. (RT) 6:00 Euchre/Pinochle (HI) 	10 9:00 Stretch & Relax (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 11:00 Garden Club (AR) 1:30 Hand & Foot (AR) 1:30 Tai Chi (HWC) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR) 	11 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 1:30 Make a Bracelet (AR) 1:30 Cardio&Coord (HWC) 3:00 Knit/Crochet (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR) 6:00 Parkinson's Support Group (RT)	12 9:00 Strength Ex. (HWC) 9:30 Women's Coffee & Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR)	13 Mother's Day Fashion Show Tea Party Marguerite's Restaurant 
14 9:30 Coffee & Donut Fellowship(AR) 11:00 Chapel Service (CH) 2:00 Scripture Study (CH) 	15 9:00 Exercise on own 9:30 Bingo (AR) 10:00 Jusko's (LB) 10:30 Seated Exercise (AR) 1:30 Show & Tell (AR) 1:30 Strength & Bal (HWC) 2:30 Memoir Writing (AR) 2:30 Inspirational Reading (CH) 3:30 Cards (AR) 6:00 Games (HI) 7:00 Interfaith Concert(CH) 	16 9:00 Kroger (LB) 9:00 Balance Ex. (HWC) 9:30 Coffee&Coloring(AR) 10:00 Bid Euchre (HI) 10:45 Catholic Service(CH) 11:30 Strength Circuit (FC) 1:30 Bingo (AR) 2:30 Scripture Study (CH) 2:30 Monopoly (AR) 6:00 Euchre/Pinochle (HI) 	17 9:00 Stretch & Relax (HWC) 9:30 Cookie Bingo (AR) 10:30 Seated Exercise (AR) 11:30 Women's Lunch (LB) 1:30 Hand & Foot (AR) 1:30 Tai Chi (HWC) 2:30 BibleTrivia/Games (CH) 3:00 Book Group (LB) 6:00 Bridge/Cards (AR)	18 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 12:00 Birthday Dinner (RT) 1:00 Bday Entertain (RT) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	19 9:00 Strength Ex. (HWC) 9:30 Women's Coffee & Manicures (AR) 10:00 Bridge Class (HI) 10:30 Seated Exercise (AR) 11:00 Best Burger (LB) 1:30 Happy Hour & Balloon Volleyball (AR)	20 9:30 Bingo (AR) 1:00 Movie & Popcorn(CM) 6:30 Game Night (HI) 



May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 11:00 Chapel Service (CH) 2:00 Scripture Study (CH) 4:30 Potluck (RT) 	22 9:00 Cardio Ex. (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Strength & Bal (HWC) 1:30 Words in Words (AR) 2:30 Memoir Writing (AR) 2:30 Inspirational Reading (CH) 3:30 Cards (AR) 6:00 Quarter Bingo (AR)	23 9:00 Meijer(LB) 9:00 Balance Ex. (HWC) 9:30 Coffee&Coloring (AR) 10:00 Bid Euchre (HI) 10:45 Catholic Service (CH) 11:30 Strength Circuit (FC) 11:30 Men's Lunch (LB) 1:30 Bingo (AR) 1:30 Tai Chi (HWC) 2:30 Monopoly (AR) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (HI) 	24 9:00 Stretch & Relax (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Hand & Foot (AR) 1:30 Tai Chi (HWC) 2:30 BibleTrivia/Games (CH) 3:30 Alzheimer's Support (RT) 6:00 Bridge/Cards (AR)	25 9:00 Move&Groove (HWC) 9:30 Men's Coffee (AR) 11:00 Rosary (CH) 11:30 Drumming (AR) 1:00 Spring Wreath (HI) 1:30 Cardio&Coord (HWC) 3:00 Knit & Crochet (HI) 4:00 Harbor Lights (CH) 6:00 Euchre/Pinochle (AR)	26 9:00 Strength Ex. (HWC) 9:30 Women's Coffee Manicures (AR) 10:00 Bridge Class (HI) 10:00 Courtyard Clean-up 10:30 Seated Exercise (AR) 1:30 Happy Hour (AR) 2:15 Bobby G (AR)	27 9:30 Bingo (AR) 10:00 Courtyard Clean-up 1:00 Movie & Popcorn (CM) 
28 11:00 Chapel Service (CH) 2:00 Scripture Study (CH)	29 	30 9:00 Frankenmuth (LB) 9:00 Balance Ex. (HWC) 9:30 Coffee&Coloring(AR) 10:00 Bid Euchre (HI) 10:45 Catholic Service (CH) 11:30 Strength Circuit (FC) 1:30 Bingo (AR) 2:30 Monopoly (AR) 2:30 Scripture Study (CH) 6:00 Euchre/Pinochle (HI)	31 9:00 Stretch & Relax (HWC) 9:30 Bingo (AR) 10:30 Seated Exercise (AR) 1:30 Hand & Foot (AR) 1:30 Tai Chi (HWC) 2:30 BibleTrivia/Games (CH) 6:00 Bridge/Cards (AR)			
					KEY AR-Activity Room CH-Chapel CM-Capman FC-Fitness Center HI-Harbor Inn Midrise Community Room HWC-Health & Wellness Center LB-Lobby RT-Restaurant	
					ALL ACTIVITIES ARE SUBJECT TO CHANGE	