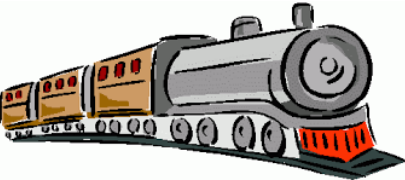


# May 2022

| Sunday                                                                                                                                                     | Monday                                                                                                                                                                                                                                                                              | Tuesday                                                                                                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                                                                                                                              | Thursday                                                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                              | Saturday                                                                                                                                      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br>11:00 Chapel Service (CH)                                                                                                                      | <b>2</b><br>9:00 Cardio Express(HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Crossword (AR)<br>2:30 Memoir Writing (AR)<br>2:30 Inspirational Reading (CH)<br>6:00 Cards (AR)<br> | <b>3</b><br>9:00 Kroger (LB)<br>9:00 Move&Groove (HWC)<br>9:30 Tea & Trivia (AR)<br>10:30 Seated Exercise (AR)<br>11:00 Catholic Service (CH)<br>1:30 Quarter Bingo (AR)<br>1:30 Strength Ex. (HWC)<br>2:30 Devotional/Bible (CH)<br>3:00 Bldg & Grnds Mtg (RT)<br>6:00 Euchre/Pinocle (AR)          | <b>4</b><br>9:00 Be CALM (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Hand & FootCards(AR)<br>2:30 BibleTrivia/Games (CH)<br>3:00 CulinaryCommittee (RT)<br>6:00 Bridge/Cards (AR)<br>            | <b>5</b><br><b>Cinco de Mayo</b><br>9:00 Be ABLE (HWC)<br>10:00 Men's Coffee (AR)<br>11:00 Rosary (CH)<br>11:30 Drum Fit (AR)<br>1:30 Craft (AR)<br>2:00 Health & Wellness Open House (HWC)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinocle (AR)                                                              | <b>6</b><br>9:00 Exercise on own (FC)<br>9:30 Women's Coffee & Manicures (AR)<br>10:30 Exercise Ch. 3 (AR)<br>1:30 Mother's Day Tea(AR)<br>                      | <b>7</b><br>9:30 Bingo (AR)<br>1:30 Private Party (AR)<br> |
| <b>8</b><br>11:00 Chapel Service (CH)<br>                                | <b>9</b><br>9:00 Cardio Express(HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Crossword (AR)<br>2:30 Memoir Writing (AR)<br>2:30 Inspirational Reading (CH)<br>6:00 Cards (AR)                                                                                      | <b>10</b><br>9:00 Kroger LB)<br>9:00 Move&Groove (HWC)<br>9:30 Tea & Trivia (AR)<br>10:30 Seated Exercise (AR)<br>1:30 ResidentAssocMt(RT)<br>6:00 Euchre/Pinocle (AR)<br>                                       | <b>11</b><br>9:00 Be CALM (HWC)<br>9:30 CoffeeCake Bingo (AR)<br>10:30 Seated Exercise (AR)<br>11:30 Women's Lunch (LB)<br>1:30 Hand & FootCards(AR)<br>2:30 BibleTrivia/Games (CH)<br>6:00 Bridge/Cards (AR)<br> | <b>12</b><br>9:00 Be ABLE (HWC)<br>10:00 Men's Coffee (AR)<br>11:00 Rosary (CH)<br>11:30 Drum Fit (AR)<br>1:30 Bracelet Craft (AR)<br>1:30 Core Ex. (HWC)<br>3:30 Dinner & Play (LB)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinocle (AR)                                                                     | <b>13</b><br><b>Pet-a-Pet</b><br>9:00 Power Hour (HWC)<br>9:30 Women's Coffee & Manicures (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Model Train Demo (AR)<br> | <b>14</b><br>9:30 Bingo (AR)<br>1:30 Games (AR)                                                                                               |
| <b>15</b><br>11:00 Chapel Service (CH)<br>4:00 Resident Potluck (RT)<br> | <b>16</b><br>9:00 Cardio Express(HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Word Games (AR)<br>2:30 Memoir Writing (AR)<br>2:30 Inspirational Reading (CH)<br>6:00 Cards (AR)                                                                                    | <b>17</b><br><b>World Baking Day</b><br>9:00 Kroger (LB)<br>9:00 Move&Groove (HWC)<br>9:30 Tea & Trivia (AR)<br>10:30 Seated Exercise (AR)<br>11:00 Bake a cake (AR)<br>1:30 Bingo (AR)<br>1:30 Strength Ex. (HWC)<br>2:30 Knit Group (AR)<br>2:30 Devotional/Bible (CH)<br>6:00 Euchre/Pinocle (AR) | <b>18</b><br>9:00 Be CALM (HWC)<br>9:30 Donut Bingo (AR)<br>10:30 Seated Exercise (AR)<br>11:30 Men's Lunch (LB)<br>1:30 Hand & FootCards(AR)<br>2:30 BibleTrivia/Games (CH)<br>3:00 Book Club (AR)<br>6:00 Bridge/Cards (AR)                                                                          | <b>19</b><br>9:00 Be ABLE (HWC)<br>10:00 Men's Coffee (AR)<br>11:00 Rosary (CH)<br>11:30 Drum Fit (AR)<br>12:00 Birthday Dinner (RT)<br>1:30 Entertainment (CH)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinocle (AR)<br> | <b>20</b><br>9:00 Power Hour (HWC)<br>9:30 Women's Coffee & Manicures (AR)<br>10:30 Seated Exercise (AR)<br>2:30 Boat Talk (AR)<br>                            | <b>21</b><br>9:30 Bingo (AR)<br>1:30 Games (AR)<br>      |

# May 2022

| Sunday                                 | Monday                                                                                                                                                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                                                                                                                     | Wednesday                                                                                                                                                                                                                                                                                                                 | Thursday                                                                                                                                                                                                 | Friday                                                                                                                                                     | Saturday                                        |
|----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|
| <b>22</b><br>11:00 Chapel Service (CH) | <b>23</b><br>9:00 Cardio Express(HWC)<br>9:30 Bingo (AR)<br>9:30 Top Golf (LB)<br>10:30 Exercise CH.3 (AR)<br>1:30 Crossword (AR)<br>2:30 Memoir Writing (AR)<br>2:30 Inspirational Reading (CH)<br>6:00 Cards (AR)<br> | <b>24</b><br><b>Scavenger Hunt Day</b><br>9:00 Kroger (LB)<br>9:00 Move&Groove (HWC)<br>9:30 Tea & Trivia (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Bingo (AR)<br>1:30 Strength Ex. (HWC)<br>2:30 Devotional/Bible (CH)<br>6:00 Euchre/Pinochle (AR)<br> | <b>25</b><br><b>Senior Health &amp; Fitness Day</b><br>9:00 Be CALM (HWC)<br>9:30 Bingo (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Residents-vs-Staff Baseball Game (LB)<br>2:30 Bible Trivia/Games (CH)<br>6:00 Bridge/Cards (AR)<br> | <b>26</b><br>9:00 Be ABLE (HWC)<br>10:00 Men's Coffee (AR)<br>11:00 Rosary (CH)<br>11:30 Drum Fit (AR)<br>1:30 Craft (AR)<br>1:30 Core Ex. (HWC)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinochle (AR) | <b>27</b><br>9:00 Power Hour (HWC)<br>9:30 Women's Coffee & Manicures (AR)<br>10:30 Seated Exercise (AR)<br>11:30 Pizza Lunch (LB)<br>1:30 Happy Hour (AR) | <b>28</b><br>9:00 Bingo (AR)<br>1:30 Games (AR) |
| <b>29</b><br>11:00 Chapel Service (CH) | <b>30</b><br><br><b>Activities on your own</b><br>1:30 Cards/Games (AR)<br>2:30 Memoir Writing (AR)<br>6:00 Cards (AR)                                                                                                | <b>31</b><br>9:00 Walmart (LB)<br>9:00 Move&Groove (HWC)<br>9:30 Tea & Trivia (AR)<br>10:30 Seated Exercise (AR)<br>1:30 Bingo (AR)<br>1:30 Strength Ex. (HWC)<br>2:30 Devotional/Bible (CH)<br>6:00 Euchre/Pinochle (AR)                                                                                                                   |                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                          |                                                                                                                                                            |                                                 |
|                                        |                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                          | <b>KEY</b><br>AR-Activity Room<br>CH-Chapel<br>FC-Fitness Center<br>HWC-Health & Wellness Center<br>LB-Lobby<br>RT-Restaurant                              |                                                 |
|                                        |                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                          | <b>ALL ACTIVITIES ARE SUBJECT TO CHANGE</b>                                                                                                                |                                                 |