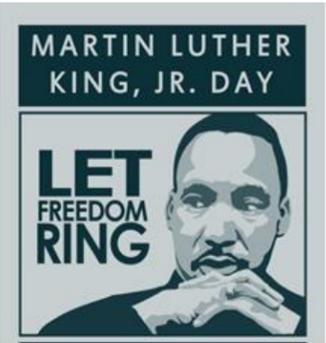


January

2018

Sun	Mon	Tues	Wed	Thu	Fri	Sat
	1 	2 9:00 Better Balance (FC) 9:00 Meijer (LB) 9:30 Bingo W/Vince (CH) 10:45 Catholic Service (CH) 11:30 Indoor Walk Club (LB) 1:30 Crossword (CH) 1:30 Walgreens (LB) 2:15 Balloon Volleyball (CH) 2:30 Building & Grounds (KD) 6:00 Pinochle (MO)	3 9:00 Arthritis Fitness (CH) 9:30 Bingo (CH) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 1:30 Wheel of Fortune (CH) 2:15 Tai Chi (CH) 3:00 Chapel Trivia (CH) 6:00 Euchre (MO)	4 9:00 Inspirational Read (CH) 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (CH) 10:00 Crossword (BD) 11:00 Rosary (CH) 11:00 Billiards (CM) 1:30 Wheel of Fortune (CH) 2:30 Arthritis Exercise (CH) 4:00 Harborlights (CH) 6:00 Pinochle/Bridge (MO)	5 9:00 Mandala Coloring (CH) 9:00 Circuit Training(FC) 9:30 Manicures (CH) 9:30 Women's Coffee Hr (CH) 11:00 MJR Movies (LB) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (CH) 2:30 Balloon Volleyball (CH)	6 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 Sing-a-long (CH) 2:15 Cover that No(CH)
7 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH)	8 9:00 Bingo (CH) 9:00 Circuit Training (FC) 10:00 Snowman Doorhanger(CH) 11:15 Stretch & Relax (CH) 1:30 Word Games (CH) 2:30 Arthritis Exercise (CH) 3:00 Bible Study (CH) 6:00 Bridge (MO)	9 9:00 Better Balance (FC) 9:00 Walmart (LB) 9:30 Bingo W/Vince (BD) 10:45 Catholic Service (CH) 11:30 Indoor Walk Club (LB) 1:30 Crossword (AR) 1:30 Resident Assoc (CH) 6:00 Pinochle (AR)	10 7-10:30am Omelet Station 9:00 Arthritis Fitness (CH) 9:30 Bingo (CH) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 1:30 Wheel of Fortune (CH) 2:15 Tai Chi (CH) 3:00 Chapel Trivia (CH) 6:00 Euchre (MO)	11 9:00 Inspirational Read (CH) 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (CH) 10:00 Crossword (KD) 11:00 Rosary (CH) 11:00 Billiards (CM) 1:30 Wheel of Fortune (CH) 2:30 Arthritis Exercise (CH) 4:00 Harborlights (CH) 6:00 Pinochle/Bridge (MO)	12 National Popcorn Day 9:00 Mandala Coloring (CH) 9:00 Circuit Training(FC) 9:30 Manicures (CH) 9:30 Women's Coffee Hr (CH) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (CH) 2:30 Movie & Popcorn (CH)	13 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 Sing-a-long (CH) 2:15 Cover that No(CH)
14 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH)	15 	16 9:00 Better Balance (FC) 9:00 Meijer (LB) 9:30 Bingo W/Vince (KD) 10:45 Catholic Service (CH) 11:30 Indoor Walk Club (LB) 1:30 Crossword (KD) 2:00 Alzheimer's Support (CH) 2:15 Billiards (CM) 6:00 Pinochle (MO)	17 9:00 Arthritis Fitness (CH) 9:30 Bingo (CH) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 1:30 Afternoon w/Author (CH) 3:00 Chapel Trivia (CH) 3:30 Book Group (CH) 6:00 Euchre (MO)	18 9:00 Inspirational Read (CH) 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (CH) 11:00 Rosary (CH) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertain (CH) 4:00 Harborlights (CH) 6:00 Pinochle/Bridge (AR)	19 9:00 Mandala Coloring (CH) 9:00 Circuit Training(FC) 9:30 Manicures (CH) 9:30 Women's Coffee Hr (CH) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (CH) 2:30 Balloon Volleyball (CH)	20 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 Sing-a-long (CH) 2:15 Cover that No(CH)

January

2018

Sun	Mon	Tues	Wed	Thu	Fri	Sat
21 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH)	22 8:15 Auto Show (LB) 9:00 Bingo (CH) 9:00 Circuit Training (FC) 10:00 Pictionary (CH) 11:15 Stretch & Relax (CH) 1:30 Word Games (CH) 2:30 Arthritis Exercise (CH) 3:00 Bible Study (CH) 6:00 Bridge (MO)	23 National Pie Day 9:00 Better Balance (FC) 9:00 Walmart (LB) 9:30 Bingo W/Vince (BD) 10:45 Catholic Service (CH) 11:30 Indoor Walk Club (LB) 1:30 Crossword (CH) 2:15 Balloon Volleyball (CH) 6:00 Pinochle (MO)	24 9:00 Arthritis Fitness (CH) 9:30 Bingo (CH) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 11:30 Women's Lunch (LB) 1:30 Wheel of Fortune (CH) 2:15 Tai Chi (CH) 3:30 Book Group (KD) 3:00 Chapel Trivia (CH) 6:00 Euchre (MO)	25 9:00 Inspirational Read (CH) 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (CH) 10:00 Crossword (BD) 11:00 Rosary (CH) 11:00 Billiards (CM) 1:30 Tasty Thursday (CH) 2:30 Arthritis Exercise (CH) 4:00 Harborlights (CH)	26 9:00 Mandala Coloring (CH) 9:00 Circuit Training(FC) 9:30 Manicures (CH) 9:30 Women's Coffee Hr (CH) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (CH) 2:30 Happy Hour (CH)	27 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 Sing-a-long (CH) 2:15 Cover that No(CH)
28 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH)	29 9:00 Bingo (CH) 9:00 Circuit Training (FC) 9:30 Second Glance (LB) 10:00 Pictionary (CH) 11:15 Stretch & Relax (CH) 1:30 Word Games (CH) 2:30 Arthritis Exercise (CH) 3:00 Bible Study (CH) 6:00 Bridge (MO)	30 9:00 Better Balance (FC) 9:00 Meijer (LB) 9:30 Bingo W/Vince (KD) 10:45 Catholic Service (CH) 11:30 Indoor Walk Club (LB) 1:00 Premier Bowling (LB) 1:30 Crossword (CH) 2:15 Balloon Volleyball (CH) 6:00 Pinochle (MO)	31 National Chocolate Cake Day 9:00-Noon Tax Appt.Only (CM) 9:00 Arthritis Fitness (CH) 9:30 Bingo (CH) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 11:30 Men's Lunch (LB) 1:30 Valentine Inchies (CH) 2:15 Tai Chi (CH) 3:00 Chapel Trivia (CH) 6:00 Euchre (MO)			



**PLEASE NOTE:
ALL ACTIVITIES & FITNESS CLASSES HAVE BEEN RELOCATED
DUE TO CONSTRUCTION!**

CH=Chapel
 FC=Fitness Center
 BD=Barnett Dining Room
 KD=Kirk Dining Room
 LB=Lobby
 MO=Marketing Office
 CM=Capman Hall

